

Iridoids from Canthium subcordatum iso-butanol fraction with potent biological activities

Christelle Joubouhi, Jean-De-Dieu Tamokou, David Ngnokam, Laurence Voutquenne-Nazabadioko, Jules-Roger Kuiate

▶ To cite this version:

Christelle Joubouhi, Jean-De-Dieu Tamokou, David Ngnokam, Laurence Voutquenne-Nazabadioko, Jules-Roger Kuiate. Iridoids from Canthium subcordatum iso-butanol fraction with potent biological activities. BMC Complementary and Alternative Medicine, 2017, 17 (1), pp.17. 10.1186/s12906-016-1536-8 . hal-01996301

HAL Id: hal-01996301 https://hal.univ-reims.fr/hal-01996301

Submitted on 4 Oct 2021

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers. L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

1	Iridoids from Canthium subcordatum iso-butanol fraction with						
2	potent biological activities						
3							
4	Christelle Joubouhi ¹ , Jean-de-Dieu Tamokou ^{2*} , David Ngnokam ^{1**} , Laurence Voutquenne-						
5	Nazabadioko ³ , Jules-Roger Kuiate ² .						
6							
7	¹ Laboratory of Environmental and Applied Chemistry, Department of Chemistry, Faculty of						
8	Science, University of Dschang, P.O. Box 67 Dschang, Cameroon.						
9	² Laboratory of Microbiology and Antimicrobial Substances, Department of Biochemistry,						
10	Faculty of Science, University of Dschang, P.O. Box 67 Dschang, Cameroon.						
11	³ Groupe Isolement et Structure, Institut de Chimie Moléculaire de Reims (ICMR), CNRS						
12	UMR 7312, Bat. 18 BP.1039, 51687 Reims cedex 2, France.						
13							
14	E-mail addresses for all authors: Christelle Joubouhi- christellejoubouhi@yahoo.fr; Jean-						
15	de-Dieu Tamokou-jtamokou@yahoo.fr; David Ngnokam-dngnokam@yahoo.fr; Laurence						
16	Voutquenne-Nazabadioko- laurence.voutquenne@univ-reims.fr; Jules-Roger Kuiate-						
17	jrkuiate@yahoo.com						
18	Corresponding authors:						
19	*Doctor Jean-de-Dieu Tamokou, Laboratory of Microbiology and Antimicrobial Substances,						
20	Department of Biochemistry, Faculty of Science, University of Dschang, PO. Box 67						
21	Dschang, Cameroon, Tel: +237 677 000 897. E-mail: jtamokou@yahoo.fr						
22	**Professor David Ngnokam, Laboratory of Environmental and Applied Chemistry,						

23 Department of Chemistry, Faculty of Science, University of Dschang, PO. Box 67, Dschang,

Cameroon, Tel: +237 696 710 992. E-mail: dngnokam@yahoo.fr/ngnokam@univdschang.org

26

27 Abstract

Background: The continuous emergence of multi-drug-resistant bacteria drastically reduces the efficacy of antibiotic armory and, consequently, increases the frequency of therapeutic failure. The discovery of new antibacterial drugs is an urgent need. The present study reports the antibacterial and antioxidant activities of the methanol extract, fractions and iridoids from *Canthium subcordatum*, a plant traditionally used as antidiabetic, anti-inflammatory, and antimicrobial.

Methods: Broth microdilution assay was used to determine minimum inhibitory concentrations (MICs) and minimum bactericidal concentrations (MBCs) of extracts and iridoids against *Staphylococcus aureus, Vibrio cholerae* and *Shigella flexneri*. Antioxidant activity was evaluated using 1,1-diphenyl-2-picrylhydrazyl (DPPH) and gallic acid equivalent antioxidant capacity (GAEAC) assays. The samples were also tested for their cytotoxicity against human red blood cells (RBC).

Results: The methanol extract, hexane, ethyl acetate and *iso*-butanol fractions from *C*. *subcordatum* fruits displayed different degrees of antioxidant ($EC_{50} = 62.83 - 70.17 \ \mu g/ml$; GAEAC= 45.63 - 58.23 $\mu g/ml$) and antibacterial (MIC = 128 - 512 $\mu g/ml$) activities. Canthiumoside 1(1) and linearin (7) were the most active antioxidant ($EC_{50} = 1.12 - 2.03 \mu g/ml$; GAEAC= 79.82 - 92.35 $\mu g/ml$) and antibacterial (MIC = 8 - 64 $\mu g/ml$) compounds while the most sensitive bacterium was *Staphylococcus aureus*. The tested samples were non-toxic to normal cells.

47 Conclusion: Our results demonstrated that compounds 1 and 7 were potent antibacterial
48 agents and DPPH/ ABTS⁺⁺ radical scavengers, so they warrant further investigation.

49 Keywords: *Canthium subcordatum*; Rubiaceae; Fruit extracts; Phytochemical analysis;
50 Iridoids; Antimicrobial; Antioxidant.

51

52 Background

53 The uses of plants in the indigenous cultures of developing countries are numerous and diverse. For many people, the high cost of imported conventional drugs and/or inaccessibility 54 to western health care facilities has led to overreliance on traditional medicine since it is 55 affordable and available to rural people. On the other hand, even when western health 56 facilities are available, traditional medicine is viewed as an efficient and an acceptable system 57 from a cultural perspective [1,2]. Oxidative stress and diarrheal diseases are among some of 58 59 the indications treated using traditional remedies in Cameroon. Diarrheal disease is a leading cause of child mortality and morbidity in the world due to various factors such as the 60 HIV/AIDS pandemic, poor hygiene, overcrowding and resistance to conventional 61 antibacterials while oxidative stress can lead to many illnesses including cardiovascular 62 diseases, diabetes, inflammation, degenerative diseases, cancer, anemia, and ischemia [3]. 63 Among the diarrheal diseases, cholera is a serious epidemic disease caused by the gram-64 negative bacterium Vibrio cholerae [4]. Vibrio cholerae, serotypes O1 and O139 has ability to 65 produce an enterotoxin, cholera toxin that is a major determinant of virulence for cholera. 66 There is a consensus among the scientific community that plant derived products have been 67 playing a dominant role in the discovery of leads for the development of drugs for the 68 treatment of human diseases [3]. Canthium subcordatum (formely Psydrax subcordata) 69 belonging to Rubiaceae family is a tree which grows in central and western Africa and 70 reaches a height of more than 10 m [4]. Its roots, leaves and stem bark are used for 71 medicinal purposes [6]. Alcoholic extracts of the stem bark have potential antidiabetic 72 properties [6] and roots were used to treat malaria fever, inflammation and cardiovascular 73

disease [7]. Petroleum ether and dichloromethane extracts of C. subcordatum have shown 74 75 anti-inflammatory activity in COX-1 and COX-2 assays [8]. Previous phytochemical works on this plant species and other *Canthium species* revealed the presence of iridoids [8-10], 76 iridoid peptidic alkaloids [11,12], flavonoids [10], terpenoids and miscellaneous [12,13]. 77 However, it is not yet known which of the phytoconstituents is responsible of the 78 antimicrobial effect of this plant, when it is used to cure infectious diseases and oxidative 79 stress conditions. Therefore, the present study reports the antibacterial and antioxidant 80 activities of extracts and iridoids from C. subcordatum fruits. 81

82

83 Materials and methods

84

85 Plant material

The fruits of *Canthium subcordatum* DC (syn. *Psydrax subcordata* DC Bridson) were collected in Foto village (Menoua Division, Western region of Cameroon), in April 2012. Authentication was performed by Victor Nana, a Botanist of the Cameroon National Herbarium, Yaoundé, where a voucher specimen (N° 19579/SRF/CAM) has been deposited.

90

91 Experimental

92 The melting point, optical rotation, IR, ¹H NMR, ¹³C NMR, COSY, NOESY, HSQC,

93 HMBC and HR-TOFESIMS experiments were performed as previously described [10].

94

95 Extraction and isolation

The *iso*-butanol, ethyl acetate and hexane fractions as well as the isolated compounds were obtained as previously described [10]. Briefly, the dried fruits of *C. subcordatum* (3.50 kg) were extracted with MeOH, and the resulting crude extract was suspended in water and

successively extracted with *n*-hexane, ethyl acetate and *iso*-butanol to yield hexane, ethyl 99 100 acetate and iso-butanol fractions. The hexane and iso-butanol-solute fractions were further fractionated and purified over silica gel column chromatography to yield compounds 11-12 101 and 1-10 respectively [10]. None compound has been isolated after the fractionation of the 102 ethyl acetate fraction. Structure elucidation by spectroscopy techniques showed that they are 103 canthiumosides 1-4 and 5a (1-4, 5a), shanzhigenin methyl ester (6) and 1-epishanzhigenin 104 methyl ester (6'), linearin (7) and 1-epilinearin (7'), mussaenoside (8), shanzhiside methyl 105 106 ester (9), 3',4',7-trihydroxyflavone (10), betulinic acid (11), and oleanolic acid (12).

107

108 Antibacterial assay

109 Microorganisms

A total of six bacterial strains were tested for their susceptibility to compounds and 110 111 these strains were taken from our laboratory collection (kindly provided by Dr. T. Ramamurthy, NICED, Kolkata). Among the clinical strains of Vibrio cholerae used in this 112 study, strains NB2 and SG24(1) belonged to O1 and O139 serotypes, respectively. These 113 strains were able to produce cholera toxin and hemolysin. The other strains used in this study 114 were V. cholerae non-O1, non-O139 (strains CO6 and PC2); and Shigella flexneri SDINT. 115 The V. cholerae non-O1 and non-O139 strains, were positive for hemolysin production but 116 negative for cholera toxin production. The strains of V. cholerae and S. flexneri included in 117 the present study were MDR clinical isolates and these were resistant to commonly used 118 drugs such as ampicillin, streptomycin, tetracycline, nalidixic acid, furazolidone, co-119 trimoxazole, etc. A reference strain, Staphylococcus aureus ATCC 25923, was used for 120 quality control. The bacterial strains were maintained on agar slant at 4 °C and subcultured on 121 a fresh appropriate agar plates 24 h prior to any antibacterial test. The Mueller Hinton Agar 122

123 (MHA) was used for the activation of bacteria. The Mueller Hinton Broth (MHB) and nutrient

agar (Hi-Media) were used for the MIC and MBC determinations respectively.

125

Determination of minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC)

MIC values were determined by a broth micro-dilution method as described earlier [14] with 128 slight modifications. Each test sample was dissolved in dimethylsulfoxide (DMSO) and the 129 solution was then added to Mueller Hinton Broth (MHB) to give a final concentration of 130 1024 µg/ml. This was serially diluted twofold to obtain a concentration range of 0.50–1024 131 µg/ml. Then, 100 µl of each concentration was added in each well (96-well microplate) 132 containing 95 μ l of MHB and 5 μ l of inoculums (at 1.5×10⁶ CFU/ml) for final concentrations 133 varying from 0.25–512 μ g/ml. Dilutions of Ciprofloxacin and Ampicillin (256 – 0.125 μ g/ml) 134 135 served as positive controls, while broth with 5 μ L of DMSO was used as negative control. The plates were covered with sterile lids, then the contents of each well were mixed using a 136 shaker and incubated at 35 °C for 24 h. The MIC values of samples were determined by 137 adding 50 µl of a 0.20 mg/ml p-iodonitrotetrazolium violet solution followed by incubation at 138 35 °C for 30 min. MIC values were defined as the lowest sample concentrations that 139 prevented this change in color indicating an inhibition of visible growth. Viable 140 microorganisms reduced the yellow dye to a pink color. For the determination of minimum 141 bactericidal concentration (MBC) values, a portion of liquid (5 µl) from each well that 142 showed no growth of microorganism was plated on Mueller Hinton Agar and incubated at 35 143 °C for 24 h. The lowest concentrations that yielded no growth after this subculturing were 144 taken as the MBC values [15]. All the analyses were carried out in triplicate. 145

146

147 Antioxidant assay

148 **DPPH free radical scavenging assay**

The free radical scavenging activity of extracts as well as most of their isolated compounds 149 was performed according to Brand-Williams et al. [16] with slight modifications. Briefly, 150 151 different concentrations (10 to 2000 µg/ml) of extracts/compounds and vitamin C (positive control) were thoroughly mixed with 3 ml of methanolic DPPH solution (20 mg/l) in test-152 tubes and the resulting solution was kept standing for 30 minutes at room temperature before 153 154 the optical density (OD) was measured at 517 nm. The percentage radical scavenging activity was calculated from the following formula: % scavenging [DPPH] = $[(A_0 - A_1)/A_0] \times 100$ 155 [16]. Where A₀ was the absorbance of the negative control (methanolic DPPH solution) and 156 157 A_1 was the absorbance in the presence of the samples. IC₅₀ value was determined from the graph obtained using standard vitamin C by using the "y = mx + c" formula from the slope of 158 the graph. All the analyses were carried out in triplicate. 159

160

161 Gallic acid equivalent antioxidant capacity (GAEAC) assay.

The GAEAC test was done as previously described [17] with slight modifications. In a 162 quartz cuvette, to 950 μ l acetate buffer (pH =5.0, 100 mM), the following were added: 20 μ l 163 laccase (1 mM stock solution), 20 µl test sample, 10 µl ABTS (2,2'-azinobis(3-164 ethylbenzothiazoline-6-sulfonic acid) (74 mM stock solution). The laccase were purified from 165 Sclerotinia sclerotiorum according to the protocol described [18]. The sample concentrations 166 in the assay mixture were 800, 400, 200, 100, 10 µg/ml for the extracts and 200, 100, 50, 25, 167 125.5 μ g/ml for the isolated compounds. The content of the generated ABTS⁺⁺ radical was 168 measured at 420 nm after 240 s reaction time and was converted to gallic acid equivalents by 169 the use of a calibration curve (Pearson's correlation coefficient: r = 0.996) constructed with 0, 170 4, 10, 14, 28, 56, 84 µM gallic acid standards rather than Trolox. Experiments were done in 171 triplicate. 172

174 Hemolytic assay

Hemolysis test was performed to determine cellular toxicity of the compounds as previously 175 described [19]. Whole blood (10 ml) from a healthy man was collected into a conical tube 176 containing heparin as an anticoagulant (blood group O was used). Extracts (at concentrations 177 ranging from 32 to 2048 µg/ml) and pure compounds (16 to 256 µg/ml), were incubated with 178 179 an equal volume of 1% human red blood cells in phosphate buffered saline (10 mM PBS, pH 7.4) at 37 °C for 1 h. 1% human red blood cells in buffer was used as a non-hemolytic control 180 whereas buffer containing 1% Triton X-100 and 1% human red blood cells served as a 100% 181 182 hemolytic control. Cell lysis was monitored by measuring the release of hemoglobin at 540 nm. The assay was repeated thrice. Percent hemolysis was calculated as follows: 183

184 [(A595 of sample treated with compound – A595 of sample treated with buffer)] x 100

185 [(A595 of sample treated with Triton X-100 - A595 of sample treated with buffer)]

186

187 Statistical analysis

Data were analyzed by one-way analysis of variance followed by Waller-Duncan Post Hoc test. The experimental results were expressed as the mean \pm Standard Deviation (SD). Differences between groups were considered significant when p < 0.05. All analyses were performed using the Statistical Package for Social Sciences (SPSS, version 12.0) software.

192

193 Results and discussion

194 Antibacterial activity

In the present work, the extracts as well as twelve compounds isolated from the fruits
of *C. subcordatum* were tested for their antibacterial activities against *Vibrio cholerae*, *Shigella flexneri* and *Staphylococcus aureus* (Table 1). The MIC results indicated that the
MeOH extract, *n*-BuOH and EtOAc fractions as well as compounds 1, 2, 5a and 6-9 inhibited

the growth of all tested bacterial species. Hexane fraction and compound 3 showed selective 199 activities, their inhibitory effects being noted on 5 of the 6 (83.33%) tested organisms. The 200 lowest MIC values for the extracts (128 μ g/ml) and compounds (8 μ g/ml) were recorded on S. 201 *aureus*. The most active extract was the EtOAc extract (MIC = 128-512 µg/ml) while 202 compounds 1 (MIC = 32-64 μ g/ml) and 7 (MIC = 8-64 μ g/ml) were the most active 203 compounds. Cut-off points for antimicrobial activities were defined as follows: (i) For crude 204 extracts: significant activity (MIC < 100 μ g/ml), moderate activity (100 < MIC \leq 625 μ g/ml) or 205 206 weak activity (MIC>625 μ g/ml); (ii) For pure compounds: significant activity (MIC <10 μ g/mL), moderate activity (10 <MIC \leq 100 μ g/ml), and low activity (MIC> 100 μ g/ml) 207 [20,21]. Hence, the activity recorded herein for the extracts ($128 < MIC \le 512 \mu g/ml$) and 208 compounds 1 and 7 (10 <MIC \leq 100 µg/ml) is moderate whereas that of compounds 2, 3, 5a, 209 6, 8 and 9 (MIC> 100 μ g/ml) is low. The lowest MIC value of 8 μ g/ml was recorded with 210 211 compound 7 on Staphylococcus aureus, highlighting some medicinal potential for this compound, as the activity on S. aureus was equal to that of ampicillin. S. aureus is a major 212 213 cause of community and hospital-associated infection with an estimated mortality of around 214 7-10% [15,22]. Moreover, about 2% of patients in Cameroon are infected by Staphylococcus spp [14]. Each year, some 500,000 patients in American hospitals contract a staphylococcal 215 infection [15,22]. Such findings stress the importance of finding an antibiotic against which 216 Staphylococcus aureus is sensitive. It can also be noted that the reference antibiotics were in 217 most of the case more active than all studied samples, except on Vibrio cholerae NB2, Vibrio 218 cholerae PC2 and Shigella flexneri where ampicillin was not active. However, these bacterial 219 strains were found to be sensitive to most of the tested samples, suggesting that their 220 administration may represent an alternative treatment against the V. cholerae, the causative 221 agent of cholera and S. flexneri, the causative agent of shigellosis. Taking into account the 222 medical importance of the tested bacteria, this result can be considered as promising in the 223

perspective of new antibacterial drugs development. Although iridoids (sanshiside methyl ester, sanshiside-D, mussaein, verbascoside, plumieride, protoplumericin A, plumieride acid, plumericin and isoplumericin) have been reported to possess antiviral, antimicrobial, anticancer and antioxidant properties [23-28], this study report for the first time the antibacterial activity of iridoids on MDR clinical multi-drug resistant (MDR) pathogenic bacteria.

The results of Table 1 also showed detectable MBC values for most of the studied samples on the tested bacterial strains. When analysing carefully the MIC and MBC results for the extracts and compounds, it can be noted that MBC/MIC ratios lower than 4 were obtained with these samples on most of the tested microbial species, suggesting that a bactericidal effect could be expected [29,30].

235

236 Antioxidant activity

Plant based antioxidant compounds [31,32] play a defensive role by preventing the generation 237 of free radicals and hence are extremely beneficial to alleviate the diseases caused by 238 oxidative stress such as cardiovascular diseases, diabetes, inflammation, degenerative 239 diseases, cancer, anemia, and ischemia [33,34]. In this study, free radical scavenging 240 capacities were measured using DPPH radical and ABTS radical cation. The results are 241 expressed as gallic acid equivalent antioxidant capacity of tested samples (Figure 2) and as 242 equivalent concentrations of test samples scavenging 50% of DPPH radical (Figure 3). 243 Compounds 1 (EC₅₀ = 2.03 μ g/ml; GAEAC= 79.82 μ g/ml) and 7 (EC₅₀ = 1.12 μ g/ml; 244 GAEAC= 92.35 μ g/ml) exerted the greatest activity whereas compound 4 (EC₅₀ = 178.57 245 μ g/ml; GAEAC= 22.63 μ g/ml) displayed the lowest antioxidant activity in both assays (p < 246 0.05); suggesting that the ability of these samples to scavenge DPPH could also reflect their 247 ability to inhibit the formation of ABTS+. Apart from compounds 1 and 7, the EC_{50} value of 248

vitamin C is lower than those of the other tested samples, showing that these samples are less 249 250 active compared with vitamin C. However, the EC_{50} value of compound 7 ($EC_{50} = 1.12$) μ g/ml) is lower than that of standard vitamin C (EC₅₀ = 1.74 μ g/ml), clearly indicating that 251 252 this compound is more potent than vitamin C in scavenging free radicals in vitro (Figure 3). Moreover, the EC₅₀ value of compound 1 (EC₅₀ = 2.03 μ g/ml) is comparable to that of 253 vitamin C (EC₅₀ = $1.74 \mu \text{g/ml}$). In all, the DPPH and ABTS scavenging activities in this study 254 indicated that compounds 1 and 7 belonging to iridoids were potent antioxidants. Previous 255 256 studies reported the antioxidant activities of some iridoids from plant origin [35-37]. Hence, the antioxidant activity of extracts in this study may be due to the presence of iridoids and 257 phenolic compounds that are capable of donating hydrogen to a free radical in order to 258 remove odd electron, which is responsible for the radical's reactivity [28,38]. 259

260

261 Hemolytic activity

In this study, none of the tested samples showed hemolytic activities against human red blood cells at concentrations up to 512 μ g/ml for the extracts and 256 μ g/ml for pure compounds (results not shown) indicating that it is non-toxic to normal cells.

265

266 Conclusion

267 Our results demonstrated that compounds 1 and 7 under investigation were potent
268 antibacterials and DPPH/ ABTS⁺⁺ radical scavengers.

269

270 Abbreviations

¹³C-NMR: thirtheen Carbon Nuclear Magnetic Resonance; ¹H NMR: Proton Nuclear Magnetic
Resonance; ABTS: 2,2'-azinobis(3-ethylbenzothiazoline-6-sulfonic acid); ATCC: American

273	Type Culture Collection; COSY: Correlation Spectroscopy; DMSO: Dimethylsulfoxide;						
274	DPPH: 1,1-diphenyl-2-picrylhydrazyl radical; EC ₅₀ : Concentration scavenging 50 % DPPH						
275	radicals; EtOAc: Ethyl acetate; GAEAC: Gallic acid equivalent antioxidant capacity, HMBC:						
276	Heteronuclear Multiple Bond Connectivities; HR-TOFESIMS: High-resolution time of flight						
277	electrospray ionization mass spectrometry; HSQC: The Heteronuclear Single Quantum						
278	Coherence; IP: Institut Pasteur; IR: Infra-red; MBC: Minimum bactericidal concentration;						
279	MeOH: Methanol; MHA: Mueller Hinton agar; MHB: Mueller Hinton broth; MIC: Minimum						
280	inhibitory concentration; NA: Nutrient agar; n-BuOH: n-Butanol; NMR: Nuclear Magnetic						
281	Resonance; NOESY: Nuclear Overhauser effect spectroscopy; SRF/CAM: Section de réserve						
282	forestière du Cameroun.						
283							
284	Declarations						
285							
286	Acknowledgements						
287	The authors gratefully acknowledge financial support from the research grant committees of						
288	both the University of Dschang and the Cameroonian Ministry of Higher Education.						
289							
205							
290	Funding						
291	The study was funded by the participating institutions and partly supported by the						
292	Cameroonian Ministry of Higher Education.						
293							
200							
294	Availability of data and materials						
295	The datasets supporting the conclusions of this article are presented in this paper.						

297 Author details

- ¹Laboratory of Environmental and Applied Chemistry, Department of Chemistry, Faculty of
- 299 Science, University of Dschang, PO Box 67 Dschang, Cameroon.
- ²Laboratory of Microbiology and Antimicrobial Substances, Department of Biochemistry,
- 301 Faculty of Science, University of Dschang, PO Box 67 Dschang, Cameroon.

302 ³Groupe Isolement et Structure, Institut de Chimie Moléculaire de Reims (ICMR), CNRS

303 UMR 7312, Bat. 18 BP.1039, 51687 Reims cedex 2, France.

304

305 Authors' contributions

306 CJ contributed to the data collection and analysis. JDT designated the study, did the biological 307 assays and helped in manuscript writing and editing. DN, LVN and JRK supervised and 308 revised the manuscript critically for important intellectual content. All authors read and 309 approved the final manuscript.

310

311 Competing interests

312 The authors declare that they have no competing interests.

313

314 **Consent for publication**

No individual clinical data is presented in the article, the information is not relevant.

317 Ethics approval and consent to participate

Authorization for the collection of blood was obtained from the Medical and Ethical Committee (in Yaoundé-Cameroon). The written informed consent for participation in the study was obtained from a healthy parent.

321

322 **References**

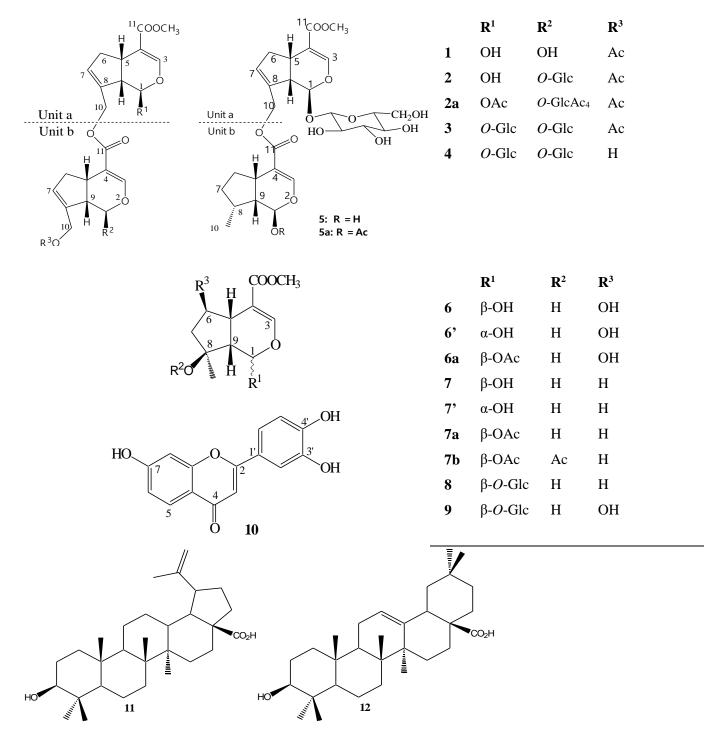
- Munguti K. Indigenous knowledge in the management of malaria and visceral
 leishmaniasis among the Tugen of Kenya. IKDM. 1997;5:10-2.
- 325 2. Miaron OJ, Kassim O, Ekaya N. Indigenous knowledge: the basis of the Maasai
 326 ethnoveterinary diagnostic skills. J Hum Ecol. 2004;16:43-8.
- 327 3. Newman DJ, Cragg GM, Snader KM. Natural products as sources of new drugs over the
 328 period 1981-2002. J Nat Prod. 2003;66:1022-37.
- 4. Nair GB, Ramamurthy T, Bhattacharya SK, Mukhopadhyay AK, Garg S, Bhattacharya
 MK. Spread of *Vibrio cholerae* O139 Bengal in India. The J Infect Dis. 1994;169:1029–34.
- 5. Irvine FR. Woody plants of Ghana. Oxford University Press, London, 1961: p 658.
- 6. Ampofo O. Plant that heal. Hehminthological Abstract 47. World Health, November 26-30,
 1977: p. 247.
- 334 7. Awah FM, Uzoegwu PN, Ifeonu P, Oyugi JO, Rutherford J, Yao XJ, Fehrmann F, Fowke
- 335 KR, Eze MO. Free radical scavenging activity, phenolic contents and cytotoxicity of
- selected Nigerian medicinal plants. Food Chem. 2012;13:1279-86.
- 8. Achenbach H, Waibel R, Addae-mensah I. Iridoid and other constituents of *Canthium subcordatum*. Phytochemistry. 1981;20:1591-5.
- 339 9. Achenbach H, Waibel R, Addae-mensah I. Shanzhisin methyl ester gentiobioside, a new
- iridoid-isolation and synthesis. Tetrahedron Lett. 1980;21:3677-8.

- 10. Joubouhi C, Mabou FD, Tebou FPL, Ngnokam D, Harakat D, Voutquenne NL. Five new
 iridoïd dimers from the fruits of *Canthium subcordatum* DC (syn. *Psydrax subcordata*DC). Phytochemistry Lett. 2015;13:348-54.
- 344 11. Achenbach H. Investigations on West African medicinal plants. Pure Appl Chem. 1986;
 345 58:653-62.
- 346 12. Dongo E, Ayafor JF, Sondengam BL, Connoly JD. A new peptide alkaloïd from
 347 *Canthium arnoldianum*. J Nat Prod. 1989;52:840-3.
- 13. Patro SK, Sasmal D, Mazumndar P, Behera P, Lal UR, Dash SK, Padhy RK. Review on
- 349 genus *Canthium*: Special reference to *Canthium coromandelicum*-an unexplored traditional
- 350 medicinal plant of Indian Subcontinent. American J Phytomed Clin Therap. 2014; 2:796-
- **351** 813.
- 14. Nyaa TBL, Tapondjou AL, Barboni L, Tamokou JDD, Kuiate JR, Tane P, Park HJ. NMR
 assignment and antimicrobial/antioxidant activities of 1β-hydroxyeuscaphic acid from the
 seeds of *Butyrospermum parkii*. Nat Prod Sci. 2009;15:76-82.
- Tamokou JDD, Kuiate JR, Tene M, Nwemeguela KTJ, Tane P. The antimicrobial
 activities of extract and compounds isolated from *Brillantaisia lamium*. Iranian J Med Sci.
 2011;36:24-31.
- 358 16. Brand-Williams W, Cuvelier M, Berset C. Use of a free radical method to evaluate
 antioxidant activity. LWT Food Sci Technol. 1995;28:25-30.
- 360 17. Rice-Evans C, Miller NJ. Total antioxidant status in plasma and body fluids. Methods
 361 Enzymol. 1994;234:279-293.
- 362 18. Mot AC, Pârvu M, Damian G, Irimie FD, Darula Z, Medzihradszky KF, Brem B, Silaghi-
- 363 Dumitrescu R. A "yellow" laccase with "blue" spectroscopic features, from Sclerotinia
- *sclerotiorum.* Process Biochem. 2012;47:968-75.

- 365 19. Situ H, Bobek LA. *In vitro* assessment of antifungal therapeutic potential of salivary
 366 histatin-5, two variants of histatin-5, and salivary mucin (MUC7) domain 1. Antimicrob
 367 Agents Chemother. 2000;44:1485-93.
- 368 20. Kuete V. Potential of Cameroonian plants and derived-products against microbial
 369 infections: A review. Planta Med. 2010;76:1-13.
- 370 21. Kuete V, Efferth T. Cameroonian medicinal plants: pharmacology and derived natural
 371 products. Front Pharmacol. 2010;1:123.
- 372 22. Bowersox J. "Experimental staph vaccine broadly protective in animal studies". NIH,
 373 1999-05-27. Retrieved on 2007-07-28.
- 374 23. Jing-Qiu D, Zhong-Li L, Li Yang. Non-glycosidiciridoids from *Cymbaria mongolica*.
 375 Phytochemistry. 2002;59:537–42.
- 376 24. Sunit S, Kanjana W, Kanyawim K. Iridoid glucosides from the sepals of *Barleria*377 *lupulina*. Planta Med. 2003;69:877-9.
- 25. Afifi SM, Salama MO, Gohar AA, Marzouk MA. Iridoids with antimicrobial activity from
 Plumeria alba L. Bull Pharm Sci, Assiut University. 2006;29(1):215-23.
- 26. Vidyalakshmi KS, Rajamanickam GV. An iridoid with anticancer activity from the sepals
 of Mussaenda 'dona aurora'. Indian J Chem. 2009;48:1019-22.
- 27. Silva AJR, Rezende MC, Pinto CA, Amaral FAC. Cytotoxicity and antibacterial studies of
- iridoids and phenolic compounds isolated from the latex of *Himatanthus sucuuba*. African
- 384 J Biotechnol. 2010;9(43):7357-60.
- 28. Vertuani S, Beghelli E, Scalambra E, Malisardi G, Copetti S, Dal Toso R, Baldisserotto
- A, Manfredini S. Activity and stability studies of verbascoside, a novel antioxidant, in
- dermo-cosmetic and pharmaceutical topical formulations. Molecules. 2011;16:7068-80.
- 388 29. Carbonelle B, Denis F, Marmonier A, Pinon G, Vague R. Bactériologie médicale:
- 389 Techniques usuelles. Paris: SIMEP; 1987:228-82.

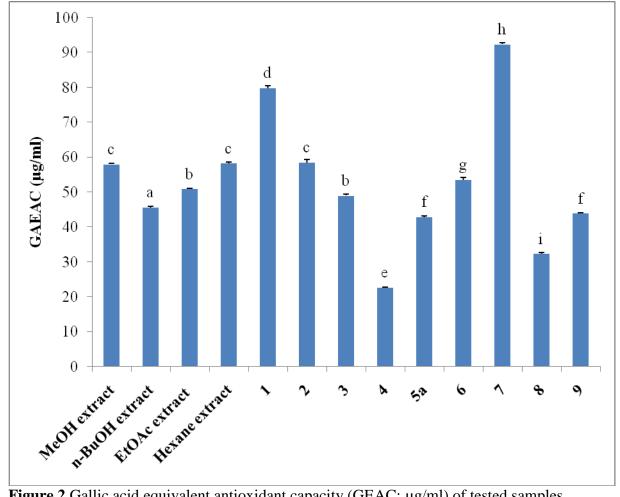
- 30. Djouossi MG, Tamokou JDD, Ngnokam D, Kuiate JR, Tapondjou AL, Harakat D,
 Voutquenne NL. Antimicrobial and antioxidant flavonoids from the leaves of *Oncoba spinosa* Forssk. (Salicaceae). BMC Compl Altern Med. 2015;15:134.
- 31. Dragland S, Senoo H, Wake K, Holte K, Blomhoff R. Several culinary and medicinal
 herbs are important sources of dietary antioxidants. J Nutri 2003;133:1286–90.
- 32. Cai Y, Luo Q, Sun M, Corke H. Antioxidant activity and phenolic compounds of 112
 traditional Chinese medicinal plants associated with anticancer. Life Sci 2004;74:2157–84.
- 397 33. Akinmoladun AC, Obuotor EM, Farombi EO. Evaluation of antioxidant and free radical
- scavenging capacities of some Nigerian indigenous medicinal plants. J Med Food. 2010;
 13:444–51.
- 400 34. Özen T, Çöllü Z, Korkmaz H. Antioxidant properties of *Urtica pilulifera* root, seed,
 401 flower, and leaf extract. J Med Food. 2010;13:1224–31.
- 402 35. Ahmad I, Chen S, Peng Y, Chen S, Xu L. Lipoxygenase inhibiting and antioxidant
 403 iridoids from *Buddleja crispa*. J Enzym InhibMed Chem. 2008;23(1):140-3.
- 404 36. Pacifico S, D'Abrosca B, Pascarella MT, Letizia M, Uzzo P, Piscopo V, Fiorentino A.
- Antioxidant efficacy of iridoid and phenylethanoid glycosides from the medicinal plant
 Teucrium chamaedris in cell-free systems. Bioorg Med Chem. 2009;17(17):6173-9.
- 407 37. Vidyalakshmi KS, Nagarajan S, Vasanthi HR, Venkappaya, Rajamanickam V.
 408 Hepatoprotective and antioxidant activity of two iridoids from *Mussaenda 'dona aurora'*.
 409 Z Naturforsch. 2009;64c:329–34.
- 38. Olayinka AA, Anthony IO. Preliminary phytochemical screening and *in vitro* antioxidant
 activities of the aqueous extract of *Helichrysum longifolium* DC. BMC Compl Altern Med.
 2010;10:21.
- 413
- 414

415 Figure Legends

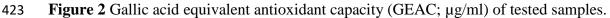


- 417 **Figure 1** Chemical structures of the isolated compounds (1-12).
- 418 1: canthiumoside 1; 2: canthiumoside 2; 3: canthiumoside 3; 4: canthiumoside 4; 5:
- 419 canthiumoside 5; **5a:** canthiumoside 5a; **6:** shanzhigenin methyl ester; **6':** 1-epishanzhigenin

methyl ester; 7: linearin; 7': 1-epilinearin; 8: mussaenoside; 9: shanzhiside methyl ester; 10: 420 3',4',7- trihydroxyflavone; 11: betulinic acid; 12: oleanolic acid. 421



422



Bars represent the mean \pm SD of three independent experiments carried out in triplicate. 424 Letters a-i indicate significant differences between samples according to one way ANOVA 425 and Waller Duncan test; p<0.05. 1: canthiumoside 1; 2: canthiumoside 2; 3: canthiumoside 3; 426 4: canthiumoside 4; 5a: canthiumoside 5a; 6: shanzhigenin methyl ester; 7: linearin; 7': 1-427 428 epilinearin; 8: mussaenoside; 9: shanzhiside methyl ester.

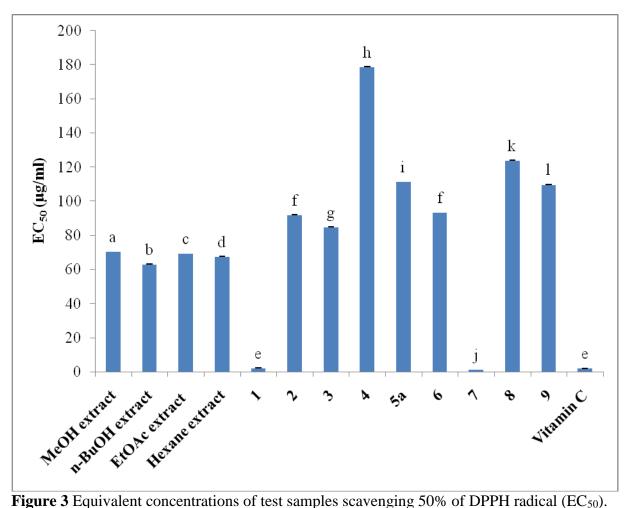


Figure 3 Equivalent concentrations of test samples scavenging 50% of DPPH radical (EC₅₀).
Bars represent the mean ± SD of three independent experiments carried out in triplicate.
Letters a-l indicate significant differences between samples according to one way ANOVA
and Waller Duncan test; p<0.05. 1: canthiumoside 1; 2: canthiumoside 2; 3: canthiumoside 3;
4: canthiumoside 4; 5a: canthiumoside 5; 6: shanzhigenin methyl ester; 7: linearin; 7': 1epilinearin; 8: mussaenoside; 9: shanzhiside methyl ester.

Extracts/	Inhibition	Vibrio	Vibrio	Vibrio	Vibrio	Shigella	Staphylococcus
Compounds	parameters	cholerae SG24 (1)	cholerae CO6	cholerae NB2	cholerae PC2	<i>flexneri</i> SDINT	aureus ATCC 25923
MeOH extract	MIC	512	256	512	512	256	128
	MBC	512	256	512	512	256	256
	MBC/MIC	1	1	1	1	1	2
<i>n</i> -BuOH extract	MIC	512	512	512	512	256	128
	MBC	>512	512	512	>512	512	128
	MBC/MIC	/	1	1	/	2	1
EtOAc extract	MIC	512	128	256	512	256	128
	MBC	512	256	512	512	512	128
	MBC/MIC	1	2	2	1	2	1
Hexane extract	MIC	>512	512	512	512	256	256
	MBC	/	>512	>512	>512	>512	>512
	MBC/MIC	/	/	/	/	/	/
1	MIC	64	64	64	64	32	32
	MBC	128	64	64	64	64	32
	MBC/MIC	2	1	1	1	2	1
2	MIC	256	128	128	256	128	64
	MBC	>256	256	128	256	256	64
	MBC/MIC	/	2	1	1	2	1
3	MIC	>256	128	256	256	256	256
	MBC	/	256	256	>256	>256	>256
	MBC/MIC	/	2	1	/	/	/
5a	MIC	256	128	128	128	128	128
	MBC	>256	256	128	256	128	128
	MBC/MIC	/	2	1	2	1	1
6	MIC	128	256	256	128	32	32
	MBC	256	256	256	256	64	64

439 Table 1 Antibacterial activity (MIC and MBC in μ g/ml) of extracts, isolated compounds and

440 reference antibacterial drugs.

	_						
	MBC/MIC	2	1	1	2	2	2
7	MIC	32	64	32	32	16	8
	MBC	64	128	32	32	16	8
	MBC/MIC	2	2	1	1	1	1
8	MIC	256	256	128	128	128	64
	MBC	>256	256	>256	256	256	128
	MBC/MIC	/	1	/	2	2	2
9	MIC	128	128	128	256	128	128
	MBC	128	>256	128	256	256	256
	MBC/MIC	1	/	1	1	2	2
Ampicillin	MIC	16	16	>512	>512	>512	8
•	MBC	16	16	>512	>512	>512	8
	MBC/MIC	1	1	/	/	/	1
Ciprofloxacin	MIC	8	8	16	16	16	2
	MBC	8	8	16	16	16	2
	MBC/MIC	1	1	1	1	1	1

441 /: not determined; MIC: Minimum Inhibitory Concentration; MBC Minimum Bactericidal Concentration.