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1 **Are there similarities between quasi-static indentation and low velocity** 2 **impact tests for flax-fibre composites?**

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6 **Abstract**

7 Flax-fibre composites are increasingly used as a replacement of classical synthetic
8 composite materials. Due to the good energy absorption properties of flax fibres, they
9 represent a promising alternative in structures susceptible to low velocity impact (LVI)
10 damage. However, this type of dynamic loading is complex, expensive to perform and
11 not necessarily easy to fully investigate. A simpler way to tackle this problem consists
12 in investigating quasi-static indentation (QSI) tests, but this alternative remains
13 relatively under-researched for natural fibre composites. Thus, this paper aims at
14 providing a comparison between both types of loading to facilitate the later analysis and
15 modelling of flax fabric laminates submitted to LVI. Six layers of a flax 2/2 twill fabric
16 were used as reinforcement for epoxy laminates made through vacuum infusion.
17 Specimens were then submitted to instrumented LVI and QSI tests at comparable
18 energy levels, **with a 1.5% to 3.9% difference only**. Load-displacement curves and
19 visible damage were first analysed and compared between both test types. Then, the
20 internal damage within QSI specimens were investigated using acoustic emission (AE).
21 Our findings showed good analogies between both testing methods in all the stages of
22 damage development. Great similarities were found in load-displacement curves (in
23 shape, stiffness and peak load), in energy absorption capacity (at 5 and 10 J) and in

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24 visible damage. Actually, the differences between QSI and LVI remain low, i.e. 2.1%
25 for linear stiffness, from 0.2 to 5.6% for peak load and less than 7% for the proportions
26 of absorbed energy. Comparison of the QSI damage analysed from the AE data with
27 LVI results from literature suggested similar mechanisms and onset sequences. These
28 results revealed that QSI monitoring could provide characteristic indications on the
29 damage evolution of flax-fibre woven composites during an LVI test.

30 **Keywords:** flax-fibre composites; low velocity impact; quasi-static indentation;
31 experimental investigation; acoustic emission; analogy

32 1. Introduction

33 Plant fibres have been increasingly used as composite reinforcement in the last
34 decades. Despite their inherent variability that may impact the final properties of
35 composites (Baley et al., 2020; Haag et al., 2017; Le Gall et al., 2018), they exhibit
36 many advantages over their synthetic counterparts, such as lower environmental impact,
37 good acoustic insulation and vibration damping, high specific mechanical properties,
38 low cost and safe handling (Amiri et al., 2017; Correa et al., 2019; Dicker et al., 2014).
39 Flax-fibre composites, in particular, are commonly used for non-structural or semi-
40 structural applications. Recently, several research works have addressed the
41 development of high performance biocomposites for structural applications (Baley et
42 al., 2020; Le Duigou et al., 2019; Zuccarello et al., 2018). In this respect, the properties
43 of flax fibres make them suitable for use as reinforcement of composites subjected to
44 low velocity impact (LVI). One common test method used to assess the LVI
45 performance of plant-fibre composites is drop-weight impact, which is very similar to a
46 real impact scenario (Agrawal et al., 2014; Sutherland, 2018).

47 Despite these advantages, literature specifically addressing the impact resistance of
48 composite laminates with long continuous natural fibres submitted to a drop weight
49 impact is not extensive (Muneer Ahmed et al., 2021). Some studies have been
50 conducted on woven composites based on jute fibres (Dhakal et al., 2014) or hemp
51 fibres (Scarponi et al., 2016), and on unidirectional, cross-ply and woven flax fabric
52 composites (Awais et al., 2020; Bar et al., 2020; Bensadoun et al., 2017; Liang et al.,
53 2015; Ravandi et al., 2017; Sy et al., 2018). The type of fibre architecture can have an
54 effect on the impact resistance. Bar et al. (Bar et al., 2020) found that flax plain woven
55 composites were better than UD composites, mainly due to interlaced structure of plain
56 woven fabric. Sy et al. (Sy et al., 2018) reported that cross-ply flax/epoxy laminates
57 exhibited higher penetration threshold energy and impact toughness compared to their
58 unidirectional counterparts. The damage progression during LVI may also evolve. Liang
59 et al. (Liang et al., 2015) investigated the fracture mechanism of quasi-isotropic
60 flax/epoxy composites and found that delaminations occurred first, at low energy levels,
61 followed by the development of intra-laminar transverse cracks resulting from fibre
62 failure. From an X-ray micro-computed tomography study, Miquoi et al. (Miquoi et al.,
63 2021) suggested a damage scenario for the impacted woven composite. They stated that
64 matrix cracking first appeared on the un-impacted surface and propagated along the
65 yarns in a transverse and longitudinal path. When the energy was sufficiently high, it
66 developed into delamination which propagated between the damaged yarn and the
67 perpendicular yarn just below.

68 Another type of loading that creates damage in laminates and resembles LVI is
69 Quasi-Static Indentation (QSI). A QSI test consists in applying on the material a
70 transverse load perpendicular to the indented surface via a hemispherical indenter.

71 Whereas the impactor of an LVI drop tower test is in free fall before hitting the surface
72 of the composite, the **indenter** of a QSI test is brought into contact with the surface prior
73 to the test. Thus, both testing methods are comparable in their working principle, except
74 that one is dynamic in nature (LVI) while the other is quasi-static (QSI). However, an
75 LVI corresponds to an impact event in which the contact time of the impactor on the
76 material surface is long compared to the propagation time of the stress-wave induced by
77 the impact, making it close to static loading (Andrew et al., 2019). Consequently,
78 several authors have compared LVI with QSI, particularly for carbon-fibre/epoxy
79 laminates, sometimes recommending the use of indentation to analyse and better
80 understand impact damage mechanisms (Nettles and Douglas, 2002; Saeedifar et al.,
81 2018; Serna Moreno and Horta Muñoz, 2020; Spronk et al., 2018; Wu et al., 2020).

82 As a matter of fact, the implementation and instrumentation of LVI drop tower tests
83 is often challenging. These tests require the use of special equipment (drop tower). They
84 usually have a short duration, making it hard to investigate the damage sequence. The
85 roughness of an impact limits the use of recording devices such as acoustic emission
86 sensors. Moreover, load-displacement curves may be hard to read and interpret due to
87 the presence of oscillations that result from the dynamic nature of the test. Conversely,
88 QSI tests can be carried out on a universal testing machine, requiring as additional
89 equipment only an **indenter** and a specific equipment for fixing the specimen.
90 Additionally, QSI maximum displacement can easily be monitored to investigate the
91 damage sequence. Finally, the acoustic emission technique can be implemented safely,
92 low acquisition rates suffice, and load-displacement curves are exempt of oscillations.

93 Nevertheless, **the question arises regarding the potential use of QSI test in**
94 **complement to LVI test.** Some authors did not find any significant differences between

95 both tests whereas others reported non-negligible dissimilarities. The study conducted
96 by Nettles and Douglas (Nettles and Douglas, 2002) on quasi-isotropic carbon/epoxy
97 laminated plates showed no distinct differences between QSI and LVI tests based on the
98 maximum applied transverse load. Likewise, Suresh Kumar et al. (Suresh Kumar et al.,
99 2017) reached the same conclusion on quasi-isotropic glass/epoxy, glass/basalt/epoxy
100 and glass/carbon/epoxy composite laminates. Their results indicated that there were no
101 significant differences with regard to the dent depth, back surface crack size and load-
102 deflection behaviour. In particular, the changes in peak contact force and residual
103 deformation were similar. Saeedifar et al. (Saeedifar et al., 2018) also found that the
104 general behaviour of two quasi-isotropic carbon/epoxy laminates under QSI and LVI
105 tests showed great similarity. However, they reported two differences: about 10%
106 maximum difference of the delaminated area and a significant increase in the critical
107 load corresponding to the initial delamination growth for the LVI tests compared to the
108 indentation tests. In (Wu et al., 2020), the QSI results for two carbon fibre braided
109 composites were in good agreement with LVI tests before the peak load. After the peak
110 load, the load measured in QSI was slightly higher than the impact load in LVI test. As
111 a result, it was concluded that QSI tests for braided laminates could be used to analyse
112 the damage onset and development during an impact event. In a paper of Zhang et al.
113 (Zhang et al., 2015), the LVI and QSI tests on carbon/bismaleimide laminates resulted
114 in a similar delamination shape and a similar general trend of delamination size
115 throughout the thickness direction. In conclusion of their study, the authors claimed that
116 using QSI-induced damage to replace LVI-induced damage made it possible to assess
117 approximately equivalent strength in static compression, which was not recommended
118 for compressive fatigue strength. The finding is completely different in another study on

119 carbon/epoxy and glass/polyamide-6 composites based on cross-ply or quasi-isotropic
120 stacking sequences (Spronk et al., 2018). Differences between both tests were found on
121 the load-displacement response and were significant for the glass/polyamide-6
122 composite due to the constituent rate-dependency. Although some characteristics were
123 relatively similar, the conclusion came down to the fact that the LVI and QSI test
124 methods cannot be exchanged for material characterisation, according to the authors.
125 Some differences in the first slope of the load-displacement curve were also found on
126 $[\pm 45]_{4s}$ carbon fibre laminates since the laminate under LVI was 36% stiffer than in the
127 QSI test (Serna Moreno and Horta Muñoz, 2020). However, similar levels of internal
128 energy were found in the most notable events during the loading process. The results of
129 Goodarz et al. (Goodarz et al., 2019) suggested that the limit of applicability of the
130 quasi-static analysis for the dynamic problem of aramid/epoxy plain-weave laminates
131 (with nanocomposites interlayers) was at impact energy level before beginning plate
132 penetration. Zulkafli et al. (Zulkafli et al., 2020) investigated the effects of stacking
133 sequence of hybrid cross-ply banana/glass fibre reinforced polypropylene composites on
134 QSI and LVI. By comparing the damage assessment of the QSI and LVI specimens, the
135 difference observed was located at the fracture level, since the LVI specimen was more
136 brittle than the QSI specimen. According to the authors, this can be explained by the
137 sudden impact applied to the specimens. It should also be noted that the damage area of
138 the LVI specimens was much larger than the QSI specimens.

139 In summary, some of the available conclusions on a QSI/LVI comparison are
140 contradictory and there is no real consensus on whether both tests are equivalent.
141 Moreover, to the best of the authors' knowledge, such a comparison for non-hybrid
142 natural-fibre laminates has never been the main subject of investigation in any study. Up

143 until now, such comparisons have been conducted for the sole purpose of providing a
144 reference in the very few studies that deal with hybrid laminates (Jusoh et al., 2017;
145 Malingam et al., 2018). This lack of consensus and data has prompted us to carry out
146 our own investigations on the similarities between LVI and QSI for woven flax/epoxy
147 laminates, with a double aim: (i) providing indications and advice to researchers and
148 industrials who would be thinking of replacing LVI with the cheaper and more
149 convenient QSI testing method; (ii) laying the foundation of our future work, which will
150 consist in gaining a deeper insight into impact damage mechanisms and in proposing
151 analytical and numerical models of LVI. For this purpose, flax twill-weave fabric
152 laminates were manufactured using vacuum infusion process and then subjected to
153 impact and indentation tests. Next, the obtained load-displacement curves were analysed
154 separately and concomitantly for different levels of energy. The LVI/QSI comparison
155 was also conducted on the absorbed energies in relation to the total energy. Finally,
156 post-impact images and data obtained from a detailed analysis of the AE signals were
157 used to study the damage occurring within the impacted and indented laminates.

158 **2. Material and methods**

159 ***2.1 Material and manufacturing process***

160 A 2/2 twill fabric of flax untwisted rovings, with a surface weight of 360 g/m², was
161 supplied by Depestele Group and used as reinforcement for our composites.
162 Rectangular-shaped samples were cut out of the fabric roll to the dimensions of 350
163 x 400 mm² and stacked on top of each other to form a 6-layer preform. All plies were
164 oriented in the same direction. The preform was then impregnated with the matrix via
165 vacuum infusion **as depicted in Fig. 1**. The matrix consisted of epoxy resin SR 8100 and

166 hardener SD 8823, both provided by Sicomin and mixed according to the ratio of
 167 100/26 by weight. In order to infuse the preform with the matrix, a vacuum was applied
 168 under a 0.6 bar pressure at room temperature. After a polymerization phase at room
 169 temperature for 24 hours, the composite plate was cured in an oven at 40 °C for 24 more
 170 hours, as recommended by the supplier. The resulting plate had a fibre volume fraction
 171 of $31.26 \pm 0.57\%$. An average void content of $1.43 \pm 0.72\%$ was obtained on the
 172 samples extracted from the plate. The fibre volume fraction v_f of the studied composite
 173 was experimentally determined by weighing the cured plate M_c , the dry fabrics M_f and
 174 by taking into account the mass density of fibres ($\rho_f = 1450 \text{ kg}\cdot\text{m}^{-3}$) and matrix ($\rho_m =$
 175 $1100 \text{ kg}\cdot\text{m}^{-3}$), from the following equation:

$$176 \quad v_f = \frac{1}{1 + \left(\frac{M_c - M_f}{M_f}\right) \left(\frac{\rho_f}{\rho_m}\right)} \quad (1)$$

177 The void content v_v was experimentally determined from the mass M_c and
 178 dimensions l , w and h (length, width and thickness) of the composite samples, the
 179 number of layers n , the area density of the dry fabric ρ_f^s and the fibre and matrix mass
 180 densities ρ_f and ρ_m , by using the following equation (Scida et al., 2013)

$$181 \quad v_v = 1 - \frac{M_c}{l \cdot w \cdot h \cdot \rho_m} + \frac{n \cdot \rho_f^s}{h} \cdot \left(\frac{1}{\rho_m} - \frac{1}{\rho_f} \right) \quad (2)$$

182 Finally, $100 \times 150 \text{ mm}^2$ specimens with a thickness of $4.77 \pm 0.123 \text{ mm}$ were
 183 obtained from the plates by laser cutting.

Insert Fig. 1 here

184 2.2 Low-Velocity Impact (LVI) test

185 LVI tests were performed on a drop tower with a hemispherical impactor at energies
 186 of 5, 10, 15 and 20 J, as depicted in Fig. 2a. The tower was built by the SYMME

187 laboratory during the PhD thesis of Cuynet (Cuynet, 2018). The drop height was up to
188 2 m, allowing to reach a maximum velocity of 6.3 m/s. The impactor, with a diameter of
189 14.7 mm, was rigidly screwed to a platform that could slide up and down almost freely
190 along a rail. Different weights could be added on the platform. The falling mass, which
191 was fixed at 2948 g, was then dropped from different heights to obtain the desired
192 impact energy (5, 10, 15 or 20 J) according to the equation $E_{imp} = mgh$, where E_{imp} is the
193 impact energy in J, m the mass dropped in kg, g the standard gravity in $m.s^{-2}$ and h the
194 height in m. A system used to keep the specimen in place was fixed at the bottom of the
195 tower. It consisted of a die and a holder, both with a circular opening 80 mm in
196 diameter. The tower was instrumented with a load sensor (maximum sampling
197 frequency of 100 kHz) and an accelerometer (acceleration range of 50 g) placed above
198 the impactor and used in order to record load and acceleration values respectively. The
199 speed and displacement of the impactor were calculated via the double integration of
200 acceleration, as explained in (Cuynet et al., 2018).

Insert Fig. 2 here

201 **2.3 Quasi-Static Indentation (QSI) test**

202 QSI tests were performed on an Instron universal testing machine model 3382 used
203 to apply the loading. A special experimental device initially designed at the SYMME
204 laboratory to characterize the mechanical behaviour of titanium specimens (Pottier et
205 al., 2012) was mounted on the Instron testing machine (Fig. 2b). It was composed of a
206 rigid stainless-steel frame fixed to the machine base in place of the lower holding grip.
207 A hemispherical indenter similar to the LVI impactor was rigidly screwed to the moving
208 crosshead in place of the upper grip. Note that in the rest of the paper the term

209 “indenter” is used to refer to the QSI test and “impactor” to the LVI test. The system
210 used on top of the indentation unit to keep the specimen in place was the same as the
211 one used for LVI. Prior to testing, the indenter was put on the surface of the tested
212 specimen with a preload lower than 10 N. Each specimen was submitted to one loading
213 cycle. The aim was to simulate an impact with a rebound. Tests were carried out at a
214 loading rate of 1.5 mm/min. For each energy level, the mean value of all recorded LVI
215 maximum deflections was determined and used to set the maximum displacement of the
216 indenter: 4.15 mm for 5 J, 6.04 mm for 10 J, 9.55 mm for 15 J and 12.06 mm for 20 J.
217 The average energies obtained from such monitoring were similar to LVI (1.5% to 3.9%
218 higher). The applied load and the displacement of the indenter were recorded by the
219 inbuilt sensors of the testing machine. To check the accuracy of measurements, an
220 LVDT sensor was set up during the first tests. Measurements from the machine
221 exhibited a lower than 1% difference in displacement with the LVDT. Therefore, the
222 data obtained via the testing machine was considered sufficiently accurate and reliable,
223 and the LVDT sensor was subsequently removed.

224 **2.4 Acoustic Emission (AE)**

225 AE was continuously monitored during indentation tests to obtain information about
226 damage evolution. AE events were recorded with a PCI-2 AE system developed by
227 Mistras Group Company. The two-channel data acquisition system had a sampling rate
228 of 5 MHz and a pre-amplification of 40 dB. AE signals were detected through two
229 resonant Micro-80 piezoelectric sensors with a frequency range of 100 kHz–1 MHz and
230 a resonance peak around 300 kHz. The threshold level was set up as 32 dB and the
231 system timing parameters were: peak definition time PDT = 30 μ s, hit definition time

232 HDT = 200 μ s and hit lockout time HLT = 300 μ s. PDT, HDT and HLT enabled the
233 selection of the event characteristics. The sensors were kept in place on the upper
234 surface of the specimens by two metallic arms with springs and rubber pads screwed to
235 the specimen fixture system, as depicted in Fig. 2b. A silicon grease was used to ensure
236 good acoustic coupling. Before testing, the data acquisition system was calibrated
237 according to pencil lead breaks.

238 **3. Results and discussion**

239 *3.1 Load-displacement data*

240 *3.1.1 Concepts and terminology*

241 Data obtained from LVI and QSI tests is commonly represented as load-displacement
242 curves in which the load applied to a specimen by the **impactor or indenter** is plotted
243 against its vertical displacement. A typical QSI curve is shown in Fig. 3a. All the
244 remarks and definitions regarding this figure also apply to the results of LVI tests. The
245 curve is divided into two parts according to the evolution of the displacement values.
246 Whereas they increase in the first part due to the indenting of the specimen, the rise of
247 the **impactor** during rebound (LVI) or **the rise of the indenter during** unloading (QSI)
248 results in a decrease of displacement values in the second part. On the one hand, the first
249 part of the curve can be further divided into Stage 1, relatively linear, and Stage 2, with
250 a saw tooth pattern due to a multitude of discontinuities in load, as can be seen in Fig.
251 **3b**. On the other hand, Stage 3 corresponds to rebound or unloading. Here, the curve
252 does not return towards the origin of the graph because for greater clarity load is plotted
253 as a function of time instead of displacement.

Insert Fig. 3 here

254 Some important concepts used in this paper are defined below and illustrated in Fig.

255 3a:

- 256 • First Load Drop (FLD) corresponds to the first drop in load on the load-
257 displacement curve and marks the boundary between Stages 1 and 2.
- 258 • Peak Load (L_p) is the maximum value of load recorded during an LVI or QSI
259 test.
- 260 • Load at Maximum Displacement (L_{dmax}) is the load value of the point
261 corresponding to the maximum displacement. This point marks the end of Stage
262 2 and the beginning of Stage 3.
- 263 • Residual Displacement (d_{res}) corresponds to the displacement value of the last
264 point at the end of Stage 3. Its value reflects the permanent deformation of the
265 specimen.
- 266 • Absorbed Energy (E_a) is the amount of energy absorbed by the specimen during
267 an impact event or an indentation loading cycle. It corresponds to the area of the
268 hysteresis loop, which is the area inside the load-displacement curve.
- 269 • Recovered Energy (E_r) is the amount of energy that is not absorbed but returned
270 to the **impactor** during rebound (LVI) or **to the indenter during** unloading (QSI).
271 It is equal to the area below Stage 3 of the curve.
- 272 • Total Energy (E_t), also called Impact or Indentation Energy, is the amount of
273 energy involved in an LVI or QSI test (not represented in Fig. 3a). It
274 corresponds to the sum of absorbed and recovered energies. When $E_t = E_r$, the
275 specimen reacts elastically to the force. When $E_t = E_a$, the **impactor or indenter**
276 perforates the specimen through its full thickness.

277 Note that the method used to calculate the areas under the curve was the trapezoidal rule
278 from trapezoids built with the measurement points.

279 3.1.2 LVI / QSI comparison

280 In this study, LVI and QSI tests were performed at four different levels of total
281 energy: 5, 10, 15 and 20 J. The superimposed load-displacement curves for LVI are
282 shown in Fig. 4a. For each energy level, the most representative curve was selected and
283 smoothed to eliminate the original oscillations resulting from stored elastic energy,
284 inertial effects and reflected stress waves (Feraboli, 2006). Similarly, Fig. 4b shows the
285 superimposed most representative load-displacement curves for QSI, which do not
286 require any smoothing. In both cases, the curves overlap well in their initial part (Stage
287 1 and beginning of Stage 2), showing the good repeatability of LVI and QSI tests. The
288 curves exhibit similar shapes, except for a total energy of 20 J, where Stage 3 is
289 significantly different due to the initiation of specimen perforation.

Insert Fig. 4 here

290 As the level of total energy increases, Stage 2 occupies a more substantial portion of
291 the loading phase, the permanent deformation of specimens being more important. This
292 observation is corroborated by a rise in residual displacement and suggests many
293 damage initiation and/or propagation events within the material. In contrast, Stage 1
294 remains similar at all energy levels. The absence of abrupt changes in load values and
295 the relative linearity suggest a little or no damage. The main characteristics of this stage
296 are summarized in Table 1 from their average and standard deviation values. The linear
297 stiffness corresponds to the average slope of the curve until the FLD occurs (Nisini et
298 al., 2017) and is very similar for LVI and QSI, with a difference of only 2.1%.

299 However, QSI load and displacement values at FLD are 13% lower than LVI. This does
300 not necessarily imply a substantial difference in the onset of damage. Indeed,
301 oscillations have been removed by smoothing the LVI curves, providing only an
302 estimation of load and displacement values at FLD, especially as the number of data
303 points is very limited in this area. Thus, FLD may actually occur between two spaced
304 data points before the first visible impact load drop, accounting for higher LVI values.

Insert Table 1 here

305 This lack of data, due to high impactor speed and limited sampling frequency of the
306 load sensor, is clearly visible in Fig. 5. In each graphic plotting, corresponding to a
307 certain energy level, a representative QSI curve is superimposed to a representative LVI
308 curve. Despite the limited amount of data in Stage 1, we observe an initial irregularity
309 related to inertial loading. This phenomenon is caused by the rigid-body acceleration of
310 the specimen from its original rest position to the velocity of the impactor (Feraboli,
311 2006). In QSI curves, the small irregularity is characteristic of flexural loading.

Insert Fig. 5 here

312 Even after these initial irregularities, the linearity of Stage 1 is not perfect, suggesting
313 minor damage before Stage 2 in both types of tests. This point will be further discussed
314 in section 3.2 on damage study. At all energy levels, LVI and QSI curves exhibit similar
315 shapes and overlap well, indicating similarities in damage mechanisms and sequence
316 between impact and indentation. In Stage 2, load keeps increasing non-linearly until it
317 reaches a peak. Average peak loads L_p are similar between LVI and QSI with a 0.2 to
318 5.6% difference, and both increase with the energy level (Fig. 6). The values of load at
319 maximum displacement L_{dmax} are usually lower than L_p values and this difference
320 increases from less than 1% at 5 and 10 J to 2.5% at 15 J and 37% at 20 J. This suggests

321 that major damage mechanisms occur within the material beyond L_p at 15 and 20 J,
322 leading to a reduction of impact or indentation resistance due to penetration and then
323 perforation at a sufficiently high energy level.

Insert Fig. 6 here

324 3.1.3 Energy absorption capacity

325 As explained in paragraph 3.1.1, absorbed energy E_a , recovered energy E_r and total
326 energy E_t can also be determined from load-displacement curves. E_a can then be plotted
327 as a function of E_t , as shown in Fig. 7. Each dot in the graph represents the mean of all
328 E_a values for a certain energy level. A set of dots linked together refers to one type of
329 test, LVI (dashed line) or QSI (continuous line). The bars associated with each dot
330 represents the standard deviation to the mean. The diagonal line represented above the
331 two sets of dots is where E_a equals E_t , corresponding to the case where E_t is entirely
332 absorbed by the specimen (complete perforation). All values within the hatched area are
333 impossible, as E_a cannot be higher than E_t .

Insert Fig. 7 here

334 The graph shows great similarities between LVI and QSI, especially at 5 and 10 J,
335 suggesting comparable behaviour between both types of loading. As can be seen in
336 Table 2, the proportion of absorbed energy relative to total energy increases with the
337 energy level, implying more damage. Each set is relatively linear and parallel to the
338 diagonal, reflecting the increasing the E_a / E_t ratio. The two circled dots on the right
339 correspond to perforation initiation, hence the higher proportion of E_a . It is assumed that
340 at higher energy levels, data points would further approach the diagonal and ultimately
341 reach it. As the E_a / E_t ratio approaches 1 at 20 J (0.96 for LVI and 0.91 for QSI), the

342 energy of complete perforation is higher than 20 J. For LVI, an experimental value of
343 22 ± 1.3 J was found by Cuynet (Cuynet, 2018). This value for LVI suggests that
344 complete perforation would occur at a slightly higher energy level for QSI due to the
345 slightly lower ratio E_a / E_t at 20 J. At the other end of the sets, below 5 J, E_a should
346 theoretically reach 0 during Stage 1, corresponding to the end of elasticity. The
347 calculated and averaged areas under LVI and QSI Stage 1 curves correspond to
348 approximately 2.4 J and 1.8 J respectively. The end of elasticity must thereby be
349 reached at an energy level lower than these values.

Insert Table 2 here

350 **3.2 Damage study**

351 *3.2.1 Visible damage observation*

352 Part of the damage generated during an impact event or an indentation loading cycle
353 can be seen from the outside. **Fig. 8** shows the evolution of visible damage in QSI
354 specimens tested at all four energy levels. Similar pictures of 8-ply laminates submitted
355 to different impact energies are also presented in **Fig. 9** (Cuynet et al., 2018). Despite
356 the number of plies is different, the evolution of visible damage is the same as for 6-ply
357 specimens. For both types of tests, marks are visible on the impacted/indented and
358 opposite faces, but their visual characteristics are different on each side.

359 On the impacted or indented face, the hemispherical **impactor or indenter** leaves a
360 circular imprint. The higher the energy level, the larger the imprint. Cracks can also be
361 seen in the imprint at and above an energy level corresponding to approximately 75%
362 of perforation initiation energy. A difference can be observed at perforation initiation

363 energy between LVI and QSI, as the imprint resulting from an impact exhibits a more
364 regular and clearly defined edge. This may be due to the difference in test durations, as
365 an LVI event lasts less than 20 ms and a QSI loading cycle more than 4 min. During an
366 impact, material beneath the impactor may thereby be pushed outwards more violently
367 and break more abruptly at the circumference of the imprint compared to QSI.

Insert Fig. 8 and Fig. 9 here

368 On the opposite face, a cross-shaped mark made of two perpendicular cracks appears
369 right below the impact/indentation point. The cracks develop along the warp and weft
370 directions of the flax woven reinforcement. Fig. 10 shows average crack length values
371 at different energy levels for QSI and LVI. Total energies are normalised for both test
372 types by the maximum total energy. The evolution of crack length follows the same
373 trend for QSI and LVI, increasing until it reaches a plateau at approximately 75% of
374 perforation energy. This corresponds to the first cracks observed in the imprint on the
375 impacted/indented face. After that, value of crack length stabilises: the energy absorbed
376 is not used to extend the cracks anymore but to open them, pushing outwards the four
377 corners of material delimited by the cracks. Like the edge of the imprints, folds at
378 corners base are sharper on LVI specimens, which may also be due to the short duration
379 of an impact compared to a QSI loading cycle. Crack stabilisation also indicates that the
380 penetration energy threshold is similar for QSI and LVI tests and corresponds to 75% of
381 perforation initiation energy.

Insert Fig. 10 here

382 *3.2.2 Internal damage chronology from AE analysis*

383 In the present study, the AE technique was used to monitor damage evolution during
 384 QSI tests only. Indeed, it was difficult to implement this technique during an impact due
 385 to the dynamic nature of LVI tests and the fragility of the sensors. Four parameters of
 386 acoustic signals were used to study the damage mechanisms and evolution: amplitude,
 387 duration, absolute energy and number of counts to peak. For a more comprehensive
 388 damage characterisation, AE information was also analysed together with mechanical
 389 information via the Sentry Function (SF). **This function originally proposed by Minak
 390 and Zucchelli (Minak et al., 2009; Minak and Zucchelli, 2008) is defined by:**

$$391 \quad f(x) = \ln \left(\frac{E_S(x)}{E_{AE}(x)} \right) \quad (3)$$

392 where E_S and E_{AE} are the strain energy and cumulative acoustic energy of the material in
 393 relation to the displacement x . **Thus, SF makes it possible to take into account
 394 quantitatively two phenomena: the storage of strain energy when a material is submitted
 395 to loading and the release of stored energy when internal failures occur. As the acoustic
 396 energy represents an important part of the released energy, it can be used to evaluate the
 397 strain energy storing capability of the material. As damage due to internal failure
 398 increases, the cumulated acoustic energy also increases while the amount of stored
 399 mechanical strain energy decreases.** SF variations are described in detail in literature
 400 (Monti et al., 2016; Saeedifar et al., 2018; Suresh Kumar et al., 2017) **and can be
 401 summarised thus in four behaviours:**

- 402 - **The SF curve increases in the early stages of loading, when stored energy
 403 increases due to increasing strain and AE energy remains negligible since there
 404 is no noticeable damage progression.**

- 405 - A sudden drop in the SF curve corresponds to an instantaneous increase of
- 406 acoustic energy, indicating macroscopic and severe damage.
- 407 - A constant trend corresponds to an equilibrium state between mechanical and
- 408 acoustic energy.
- 409 - A decreasing trend is generally an indication for incipient failures and in
- 410 particular, if it occurs after a sudden drop, it reveals growing damage and the
- 411 degradation of the material losing its load-bearing capability.

412 From the AE and SF data, three different AE curves were plotted against
413 corresponding load-displacement curves and were all expressed as a function of
414 displacement: the number of acoustic hits, the absolute energy and the SF shown in Fig.
415 11a, b and c respectively. Each row in Fig. 11 corresponds to an energy level, 5, 10 and
416 15 J from top to bottom. At 20 J, AE was not implemented for similar reasons as in the
417 case of LVI (risk of damaging the sensors).

Insert Fig. 11 here

418 The cumulative hits of Fig. 11a clearly highlight the first two stages of QSI load-time
419 curves already described in section 3.1.1. For the sake of clarity, Stage 3 was not
420 represented to avoid the return of the load-displacement curve associated with
421 unloading. Overall, the curve is relatively linear in each stage, with a slope that is low in
422 Stage 1 and much higher in Stage 2. Indeed, during this stage, the number of cumulated
423 events skyrockets, transitioning from a low value at the end of Stage 1 to nearly the
424 maximum value at the beginning of Stage 3. This indicates that most damage occur in
425 Stage 2, confirming deductions made from load-displacement results. While the number
426 of AE hits remains quite low in Stage 1, it is higher than zero. First recorded hits appear
427 very early during testing but are limited in number, suggesting micro-damage within the

428 specimen. As the applied load increases and approaches FLD, the number of AE events
429 rises too, especially near FLD, where the slope of AE curves deflects sharply. Thus,
430 FLD seems to correspond to the first significant macro-damage within the material. Fig.
431 11b confirms this since the AE energies are the highest near FLD.

432 As can be seen in Fig. 11c, SF versus displacement curves follow a similar trend at 5,
433 10 and 15 J, which can be divided into four zones. The first one (Zone I) corresponds to
434 the beginning of the curve in which SF varies significantly until reaching a first plateau.
435 After this almost constant trend (Zone II), a sudden and significant drop occurs (Zone
436 III) followed by a new plateau (Zone IV). Once these four zones were identified, they
437 were indicated on the graphs of Fig. 11b for a more convenient analysis of the AE
438 signals. This analysis, conducted for each zone separately, was based on previous work.
439 A study on a similar composite, i.e. a flax fibre 2/2 twill weave composite, investigated
440 the damage mechanisms based on a multi-parameter analysis of acoustic signals
441 (Saidane et al., 2019). The results showed that the signals can be classified into 4 classes
442 A, B, C and D from four main AE characteristics (Amplitude, Energy, Duration,
443 Counts). In accordance with literature results and observations from the fracture
444 surfaces, the signals of Classes A, B, C and D were associated to mechanisms related to
445 matrix cracking, fibre-matrix debonding, delamination and fibre failure respectively.
446 The values of these classification parameters were used to analyse the signals recorded
447 during the QSI tests.

448 In Zone I, the first recorded signals are all class A, associated with matrix cracking.
449 These few events, characterised by low amplitude (< 50 dB) and low energy (< 70 aJ),
450 explain the first drops in the SF curve. Some micro matrix cracking occurs within the
451 specimen, without degrading its overall stiffness. Note an increase of SF before the first

452 drop for the 15J-QSI test. This trend occurs during the first stages of loading, where AE
453 energy is negligible, and no significant damage occurs in the laminate. From
454 approximately 0.45 mm displacement and 300-350 N load, the SF curve in Zone II
455 shows a relatively constant trend with the occurrence of some low intensity drops. In
456 theory, SF remains constant when the mechanical energy and the AE energy have
457 equilibrium state. Class A damage is still highly dominant, indicating multiple cracks,
458 but class B signals arise with a ratio of 2.5%. These first class B signals indicate the
459 beginning of fibre-matrix debonding, which does not yet degrade the stiffness of the
460 specimen. The occurrence of some signals that are much more energetic and belong to
461 the C class explain some low intensity drops in the SF curve. They are also responsible
462 for a first deviation of the load-displacement curve from the initial linear part, which
463 occurs at approximately 1000 N (or 0.7 J). These initial findings in the first two zones
464 enable us to state that matrix cracking leads to fibre-matrix debonding, which then
465 results in the first delaminations. It is precisely these first delaminations that initiate the
466 first stiffness degradation.

467 Zone III is limited to displacements between 1.8 and 2.4 mm, i.e. between loads of
468 1250-1350 and 1500-1650 N and energies of 1.2 and 2.2 J. The SF curve shows the
469 highest drop with a decrease of approximately 7 points, due to major damage events that
470 occur just before and around FLD. In this zone, the 4 classes are detected in different
471 proportions. Class A events are always the most numerous (50% of the signals)
472 followed by class B (23%), class C (16%) and class D (10%) events. Fibre-matrix
473 debonding and delaminations developed significantly, leading to fibre failures. These
474 are clustered in class D and are detected by very energetic signals, explaining the SF
475 drops. Due to the very high energy level of some signals, fibre bundle failures occur at

476 this point, which are located in the centre of the face opposite to indentation. Note that
477 the highest signal energy values are revealed in this zone on Fig. 11b (for energies
478 between 1.8 and 2.2 J) leading to significant drops of SF, a reduction in stiffness and a
479 50 N drop in load (FLD). Since SF is calculated from the individual AE data, it remains
480 sensitive to the individual high energy AE signal.

481 After the sharp dropping, SF has more stable behaviour in Zone IV as it shows
482 infinitesimal variations. As mentioned above, all 4 classes are detected but the class B
483 ratio increases by 5 points while class D decreases by 5 points. In addition to the
484 previous failure of some individual fibres or bundles, others still under tension are
485 stretched, leading to new and multiple fibre-matrix debonding. Fibre-related failures are
486 numerically more limited, and their energy levels remain high but much lower than in
487 Zone III up to displacements of 9 mm. Despite this, no severe discontinuities are found
488 in SF. Class D events are not numerous compared to the other three classes, the latter
489 contributing to the gradual increase in cumulative AE energy. Saeedifar et al (Saeedifar
490 et al., 2018) explain that when SF has a constant trend, there is a semi-balance state
491 between the damage mechanisms and some stiffening mechanisms such as fibre
492 bridging. This is consistent with a finding from a previous study. Namely, the
493 morphology of the flax fibres, short and bonded together in bundles to manufacture the
494 twill fabric, enables the creation of a larger amount of fibre bridging which results in a
495 high mode-I interlaminar fracture toughness (G_{Ic}) (Saidane et al., 2019). In the present
496 study, it is also necessary to take into account the sinking of the indenter into the
497 material. The contact area becomes larger as displacement increases. This explains the
498 continued increase in load with the development of damage and thus the constant trend
499 of SF. Note that from 9 mm of displacement (energy of almost 15 J), very energetic

500 events such as those in Zone III reappear, explaining a loss of load which continues
501 gradually (seen on Fig. 5d at 20 J and already mentioned in section 3.1.2). They
502 correspond to the initiation of cracks in the imprint of the indented face mentioned in
503 section 3.2.1. Again, fibre bundle failures occur at this point, with the difference that
504 they are now located on the indented face. These failures, which occur along the
505 circumference of a circle, are the beginnings of a perforation hole resulting from the
506 penetration of the indenter in the specimen.

507 The chronology of damage mechanisms detected with the AE signals recorded
508 during QSI tests needed to be compared with the mechanisms observed in literature
509 during LVI tests. In a recent study, Sy et al (Sy et al., 2018) described damage evolution
510 in cross-ply flax/epoxy laminates subjected to LVI loading. At the beginning of the
511 damage process, bending cracks originated at the back face of the composite, as
512 observed in QSI and LVI specimens. Matrix cracking, fibre pull-out and debonding
513 were identified as the damage mechanisms initiating the cracks, which is consistent with
514 our findings from the analysis of the AE signals recorded during the QSI tests, in Zones
515 I and II. As the impact energy increased, cracks extended further and further through the
516 composite thickness.

517 Class A events were detected first and until the end of the QSI test, whatever the
518 energy level. In a study of flax/epoxy woven composite loaded with LVI, Bensadoun et
519 al. (Bensadoun et al., 2017) stated that because of the intrinsic brittleness of the
520 thermoset matrix, matrix cracks were more present than delaminations in thermoset
521 composites. The authors claimed that the limited delaminations were potentially due to
522 the high G_{Ic} of the flax composites, related to several additional energy absorption
523 mechanisms such as crack branching, fibre bridging, etc. The same observation was

524 made in QSI tests, as delamination events (class C) recorded mainly in zones III and IV
525 represented one third of those specific to matrix cracking. Sy et al (Sy et al., 2018) also
526 reported that back face damage on cross-ply flax/epoxy laminates was predominantly
527 fibre-controlled (rather than matrix-controlled), resulting in fibre breakage with limited
528 delamination.

529 Thus, the results of LVI damage studies available in the literature are consistent with
530 our findings for QSI. SEM and tomographic observations through the specimen
531 thickness and for different energy levels will be conducted in our future work on QSI
532 and LVI specimens in order to consolidate this comparison based on both the damage
533 mechanisms found and their onset sequence.

534

535 **4. Conclusions**

536 Low velocity impact (LVI) and quasi-static indentation (QSI) tests have been
537 performed on flax-epoxy woven laminates to investigate the similarities between both
538 types of mechanical loading. Specimens were tested at four different energy levels (5,
539 10, 15 and 20 J), with minimal differences in energy values below 3.9% between QSI
540 and LVI. Similarities were found in load-displacement curves, energy absorption
541 capacity and visible damage. Actually, the differences between QSI and LVI remain
542 low, i.e. 2.1% for linear stiffness, from 0.2 to 5.6% for peak load and less than 7% for
543 the proportions of absorbed energy at 5 and 10 J. LVI and QSI visible damage are
544 similar in shape, i.e. a circular imprint on the impacted or indented face and a cross-
545 shaped mark on the opposite face. The evolution of crack length follows the same trend
546 for both tests until approximately 75% of perforation initiation energy, at which point it

547 reaches a plateau and small cracks appear on the impacted or indented face, indicating
548 the threshold of impactor/indenter penetration. The internal damage within QSI
549 specimens were investigated using acoustic emission (AE). The analysis was based on
550 the acoustic events divided into 4 classes, the use of the Sentry Function and the load-
551 displacement data. Quickly after the beginning of a QSI test, matrix cracks begin to
552 appear and will then continue to develop, leading to the first fibre-matrix debonding and
553 then to the first delaminations. As the energy level approaches 1.8 J, the first fibre
554 failures occur on the back face of specimens, opposite to indentation, and then grow
555 leading to a load drop due to fibre bundle failures. Then, all damage mechanisms
556 already mentioned continue to develop while the load keeps increasing in a saw-tooth
557 pattern until approximately 15 J, corresponding to the indenter penetration threshold.
558 From there, load starts decreasing due to further bundle failures, leading rapidly to the
559 initiation of specimen perforation. This evolution of QSI damage compared with LVI
560 results from the literature suggests similar mechanisms and sequences between both
561 tests, which will be further consolidated by microscopic observations.

562 Considering our results, QSI testing is a suitable complement to LVI for our material.
563 Moreover, QSI elastic data can be used to shed light on the elastic phase of impact
564 events, where data is limited due to the sampling frequency of the sensors and the
565 impactor velocity. Non-destructive testing techniques such as AE can also be
566 implemented during a QSI test to provide additional information on damage
567 development, which is not always feasible during LVI tests. Finally, QSI tests are
568 cheaper to carry out and easier to investigate, understand and model. As a result, the use
569 of QSI-induced damage in complement to LVI-induced damage is recommended in
570 studies of flax-fibre woven laminates.

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575

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Figure captions

Figure 1. Schematic of the vacuum infusion process

Figure 2. Experimental testing devices: (a) drop tower used for LVI; (b) detailed view of the top of the QSI unit mounted on the Instron testing machine

Figure 3. Typical load-displacement curve (a) and a load-time curve showing the 3 stages (b) of an LVI or QSI test

Figure 4. Superimposed 5, 10, 15 and 20 J load-displacement curves for LVI (a) and QSI (b). The most representative curves have been selected

Figure 5. Superimposed LVI and QSI curves at 5 J (a), 10 J (b), 15 J (c) and 20 J (d). The most representative curves have been selected

Figure 6. Average and standard deviation values of Peak Load for LVI and QSI at each energy level

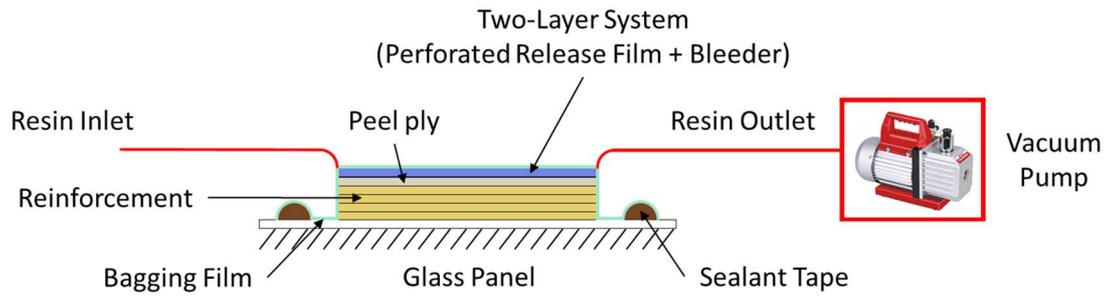
Figure 7. Absorbed Energy E_a as a function of Total Energy E_t for LVI and QSI

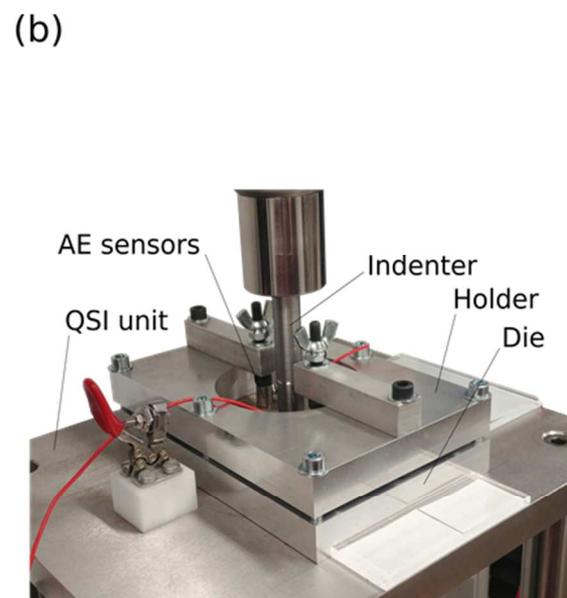
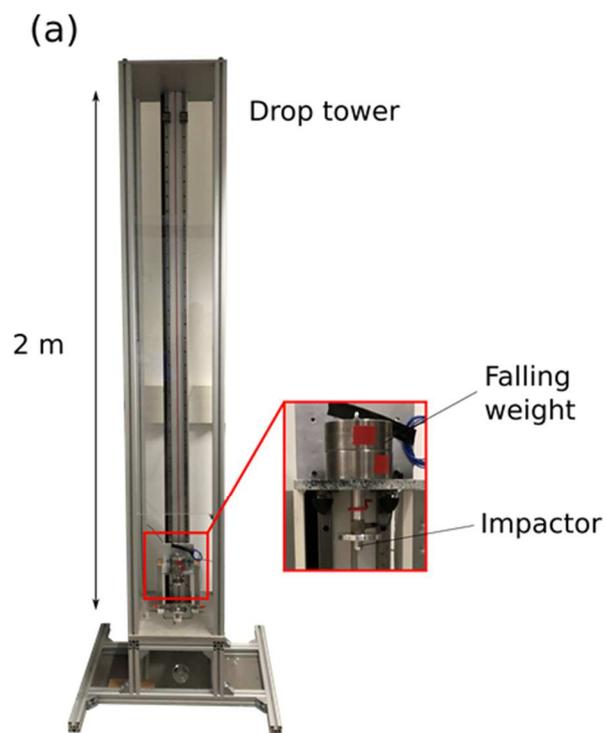
Figure 8. Visible damage on QSI specimens on the indented face (first row) and opposite face (second row) at 5 J (a), 10 J (b), 15 J (c) and 20 J (d)

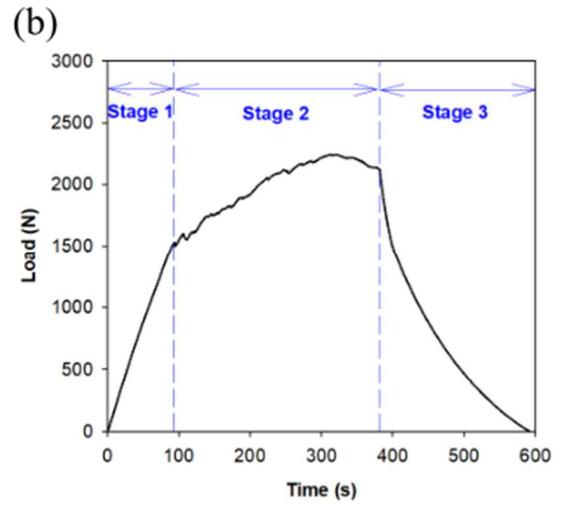
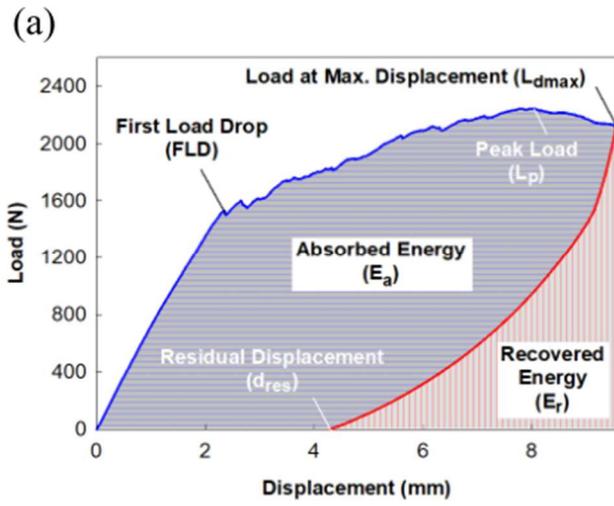
Figure 9. Visible damage on LVI specimens on the impacted face (first row) and opposite face (second row) of 8-ply samples at 5 J (a), 15 J (b), 25 J (c), 34 J (d) (Cuynet et al., 2018). Note that the speckle pattern on the opposite face was applied for digital image correlation.

Figure 10. Evolution of **the average** crack length for QSI and LVI (Cuynet et al., 2018) as a function of normalised total energy.

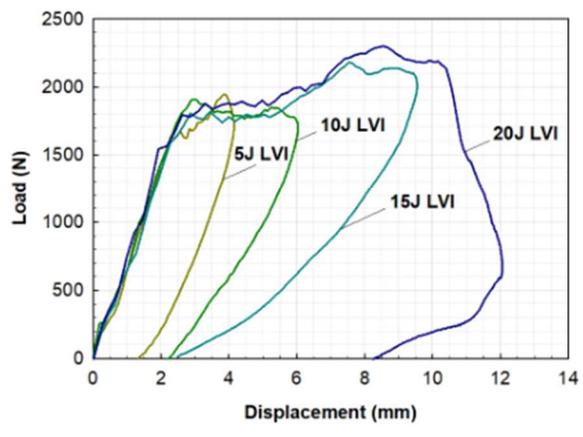
Figure 11. Load-displacement curve superimposed with AE curves showing the number of hits (a), the absolute energy (b) and the Sentry function (c) as a function of impactor displacement at 5 J (first row), 10 J (second row) and 15 J (third row).



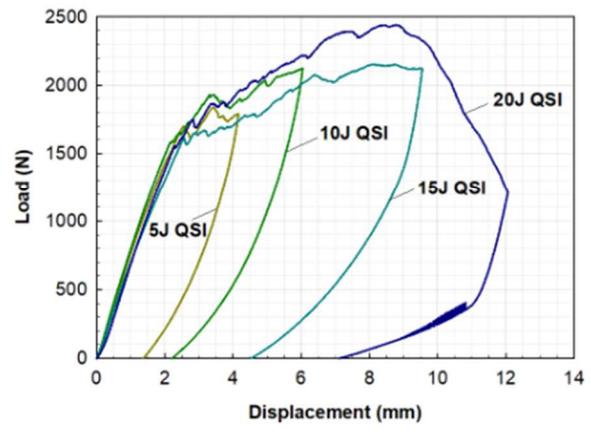




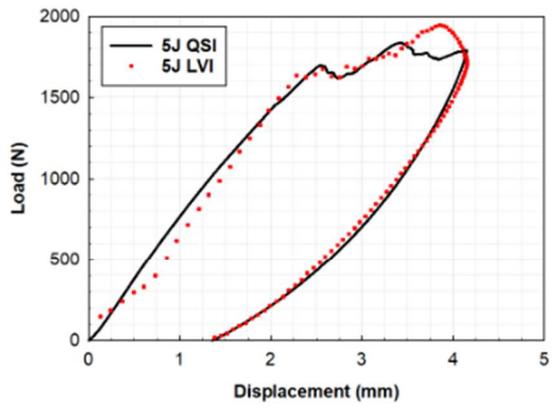
(a)



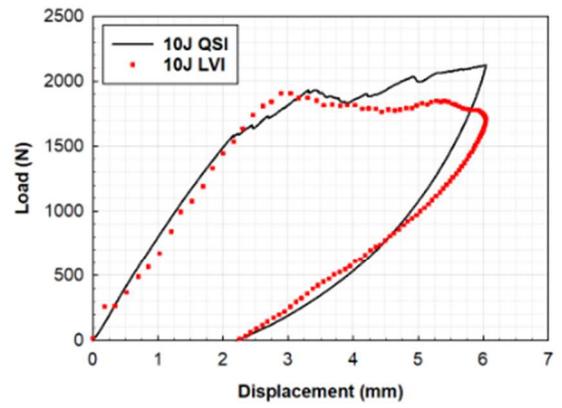
(b)



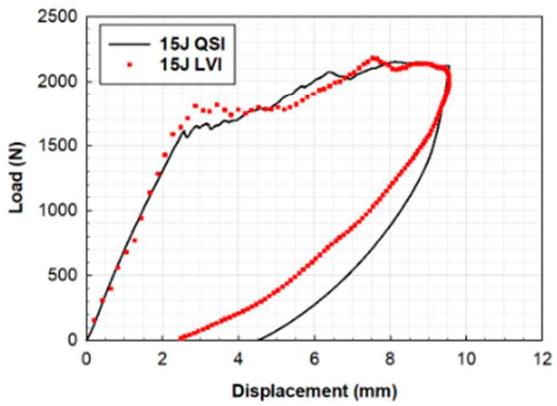
(a)



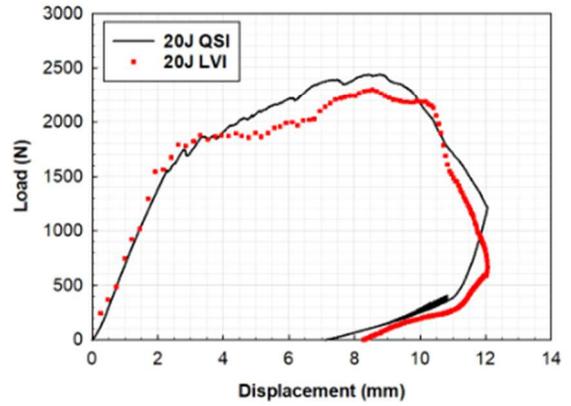
(b)

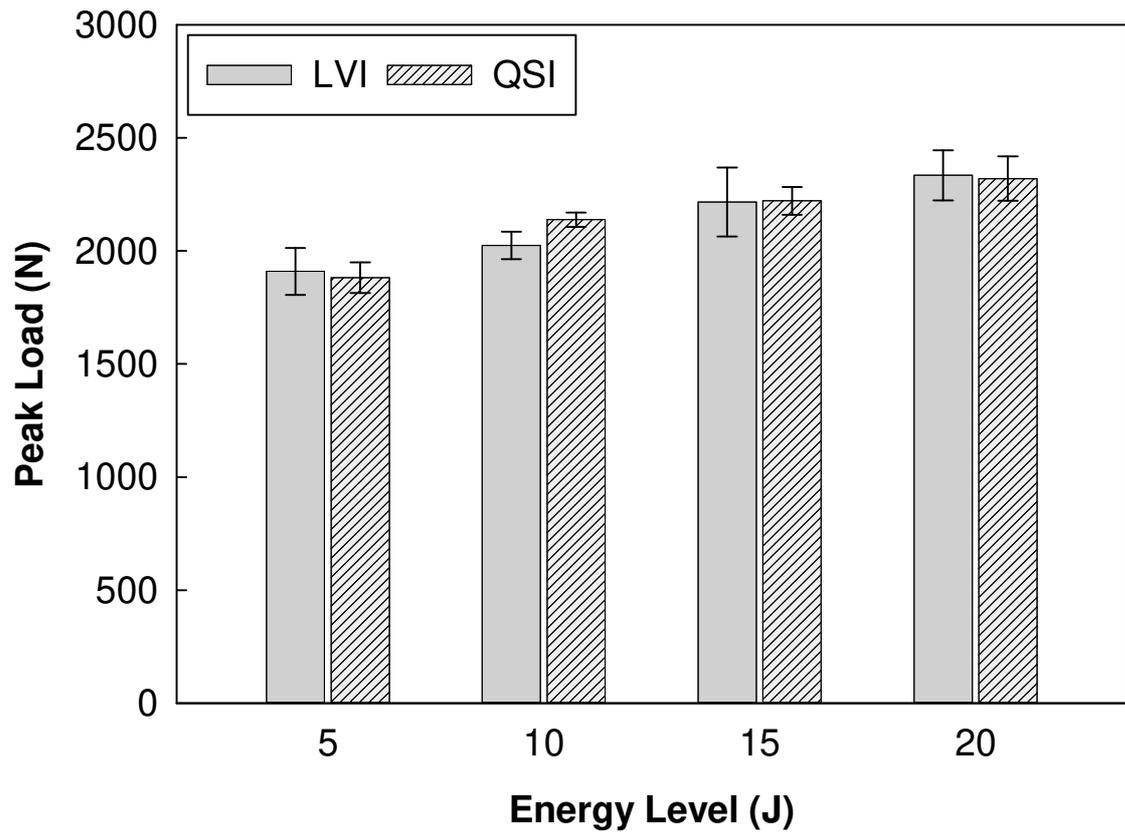


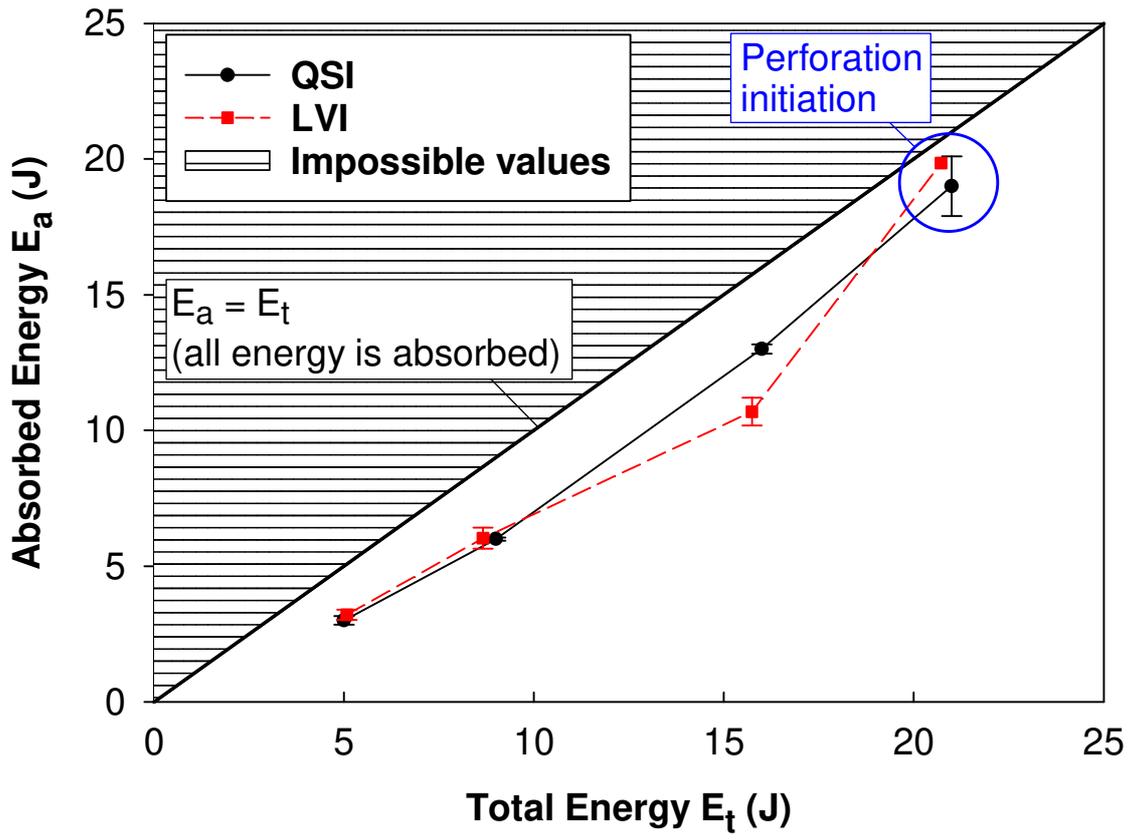
(c)



(d)







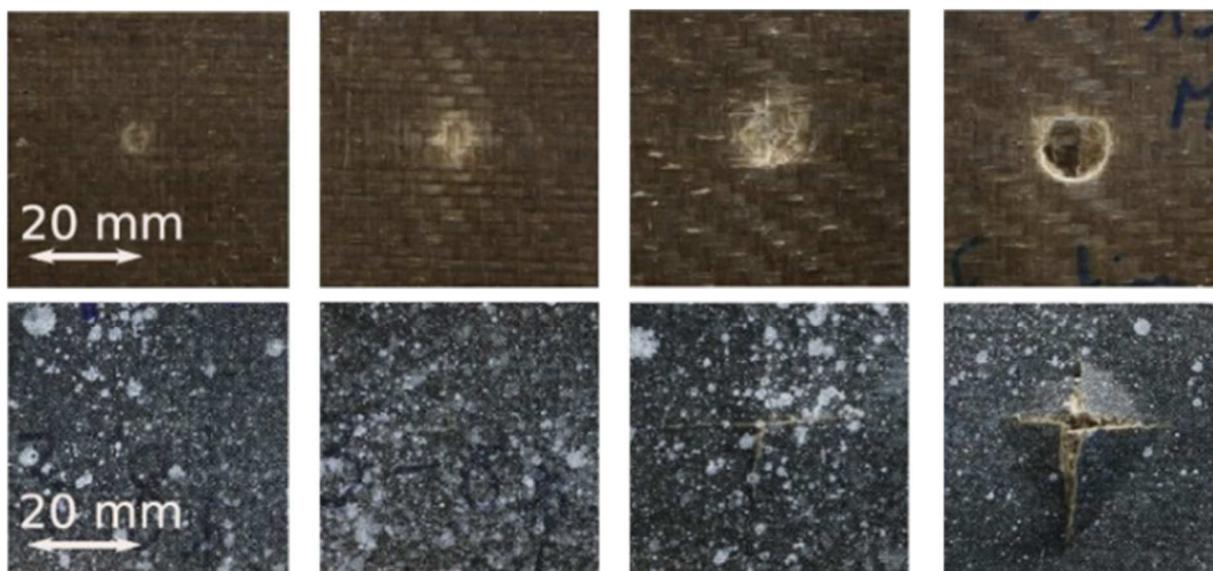


(a)

(b)

(c)

(d)

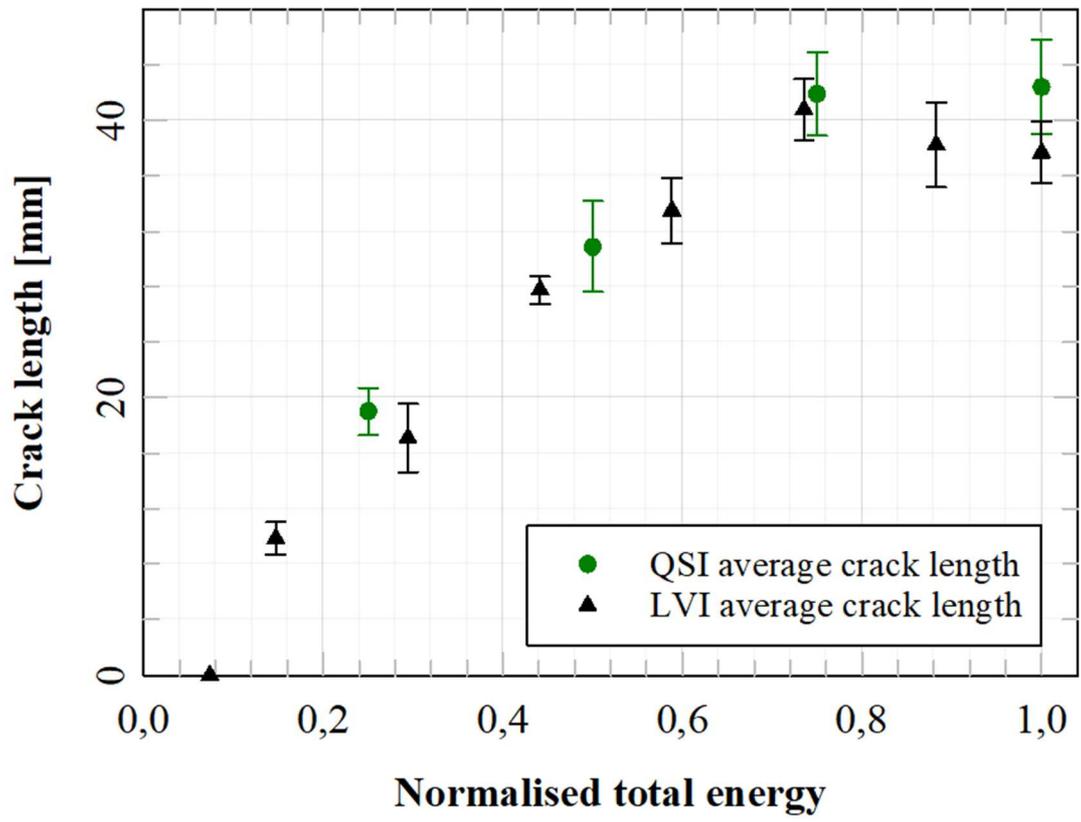


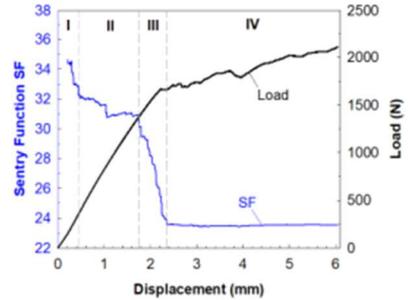
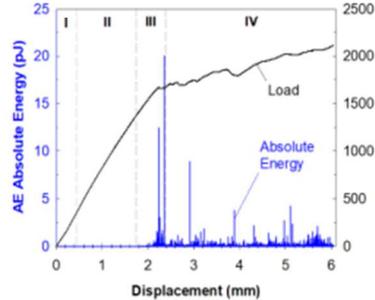
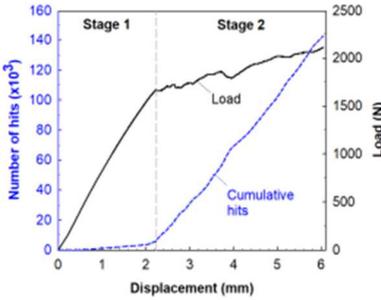
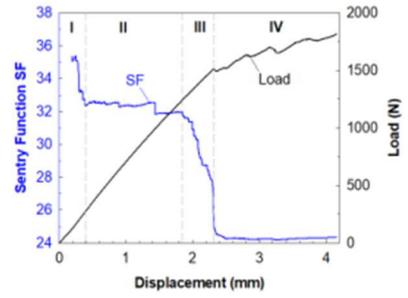
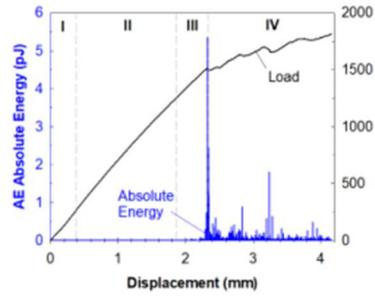
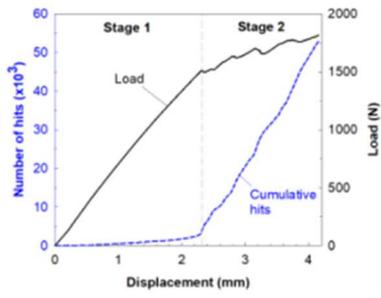
(a)

(b)

(c)

(d)

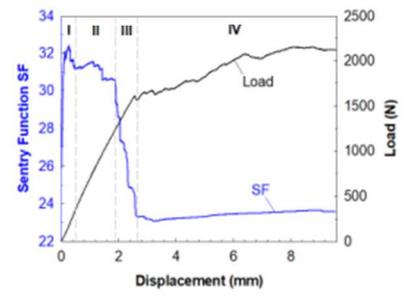
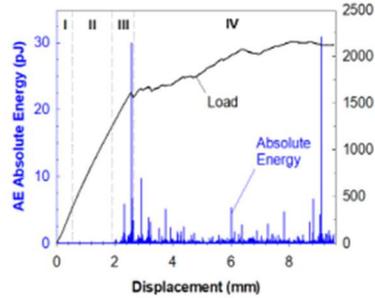
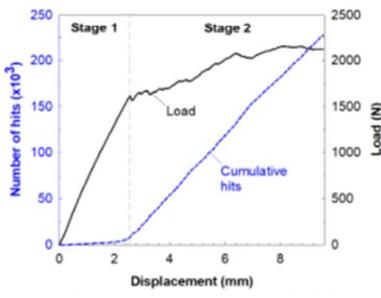




(a)

(b)

(c)



Tables

Table 1. Main characteristics of Stage 1, the relatively linear part of load-displacement curves.

	LVI	QSI
Linear Stiffness	710 ± 55 N/mm	695 ± 51 N/mm
Load at FLD	1785 ± 111 N	1548 ± 62 N
Displacement at FLD	2.66 ± 0.28 mm	2.32 ± 0.17 mm

Table 2. Total (E_t) and absorbed (E_a) energies and E_a / E_t ratio for LVI and QSI at all four energy levels.

		Total Energy E_t (J)	Absorbed Energy E_a (J)	E_a / E_t (%)
5 J	LVI	4.92 ± 0.22	3.08 ± 0.19	62.6
	QSI	5.11 ± 0.18	3.21 ± 0.16	62.8
10 J	LVI	8.97 ± 1.16	5.80 ± 0.39	64.7
	QSI	9.17 ± 0.05	6.36 ± 0.05	69.4
15 J	LVI	15.76 ± 0.73	10.71 ± 0.51	68.0
	QSI	15.99 ± 0.24	12.55 ± 0.16	78.5
20 J	LVI	20.79	19.92	95.8
	QSI	21.15 ± 0.92	19.15 ± 1.10	90.5