

An upgraded version of carbapenem inactivation method to detect Bacteroides fragilis carbapenemase

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Nathan Nicolau-Guillaumet, Anaëlle Muggeo, Sophie Moussalih, Christophe de Champs, Alain Lozniewski, et al.. An upgraded version of carbapenem inactivation method to detect Bacteroides fragilis carbapenemase. Diagnostic Microbiology and Infectious Disease, 2023, 105 (2), pp.115857. 10.1016/j.diagmicrobio.2022.115857. hal-03886314

HAL Id: hal-03886314 https://hal.univ-reims.fr/hal-03886314v1

Submitted on 12 Dec 2022

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26 27 28 29 30	Running title: Upgraded Ana-CIM Number of figures: 3 Number of tables: 0 Word count of text: Number of references: 17

32 Abstract

33 An increase of carbapenemase-producing Bacteroides fragilis infections is observed. To detect such a resistance in B. fragilis, several tests exist that are expensive or show poor 34 sensitivity and specificity. Therefore, we upgraded the Anaerobic Carbapenem Inactivation 35 Method (Ana-CIM) to easily screen for carbapenemase-producing *B. fragilis*. The presence of 36 carbapenemase cfiA gene was identified in 50 B. fragilis isolates by PCR. We modified the 37 Ana-CIM by (i) increasing the bacterial inoculum and (ii) measuring the differences in 38 diameter between the negative control and the testing disc. We correctly classified the cfiA-39 negative and positive isolates and could define a cut-off of positivity at 2 mm. Our modified 40 Ana-CIM allowed to correctly discriminate the 31 cfiA-positive with meropenem MICs 41 ranging from 1 to > 32 μ g/mL. We anticipate that our modified Ana-CIM could be used in 42 most clinical laboratories to easily screen for carbapenemase-producing *B. fragilis*, even at 43 44 low levels.

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46 Keywords: Carbapenem Inactivation Method, Bacteroides fragilis, carbapenemase, cfiA

48 **1. Introduction**

49 Bacteroides spp are the most predominant anaerobic gram-negative bacteria in the gut. Bacteroides fragilis accounts for only 0.5% of the gut microbiota, however it is the most 50 commonly isolated anaerobic pathogen in intra-abdominal infections and bacteremia with 51 high mortality rate (more than 19%) [1]. Although often susceptible to metronidazole, B. 52 *fragilis* infections could be challenging for treatment because physicians must face increasing 53 54 resistance to antibiotics. For several years, an increase of resistance to β-lactams agents such as amoxicillin-clavulanic acid but also carbapenems has been observed [2]. For the latter, the 55 resistance is mainly due to a carbapenemase enzyme encoded by the cfiA gene and belonging 56 57 to the metallo-\beta-lactamase (MBL) class [3]. Once activated by an insertion sequence, this gene is able to confer high-level resistance to the carbapenems as well as to the penicillins, 58 cephalosporins and to most β -lactamase inhibitors [4]. 59

To tackle such antibiotic resistance in *B. fragilis*, an imipenem double-ended Etest \pm EDTA is commonly used to rapidly detect MBL production [5]. This phenotypic test compares the resistance of strains to imipenem with and without EDTA. Since MBL can be experimentally inhibited with metal chelators such as EDTA, the CfiA production can be inferred with a MIC ratio \geq 8 that indicates a reduction of imipenem MIC by at least 3 twofold dilutions in the presence of EDTA [5].

A major issue with the imipenem \pm EDTA Etest is the only detection of isolates with highlevel resistance [6]. This is a significant drawback for clinical microbiology diagnosis because it may clearly underestimate the CfiA prevalence in *B. fragilis* [6]. Therefore, Schwensen *et al.* proposed to solve this problem by using preferentially the meropenem-EDTA doubleended Etest or the ROSCO KPC/MBL Confirm Kit [7]. This latter assay allows to compare the sensitivity to meropenem \pm dipicolinic acid, \pm boronic acid and \pm cloxacillin in order to confirm the presence of MBL. The presence of CfiA is then evidenced by a restoration of inhibition diameter of the meropenem + dipicolinic acid disc only. However, the meropenem
 double-ended Etest is expensive and the ROSCO KPC/MBL Confirm kit could misclassify
 cfiA-negative and *cfiA*-positive isolates in case of small diameters of inhibition.

76 An alternative way to detect MBL production is to use carbapenem inactivation methods 77 (CIM), based on the enzymatic hydrolysis of meropenem susceptibility-testing disc after its exposure to a carbapenemase producing strain, which allows subsequent uninhibited growth 78 79 of a full susceptible indicator strain [8]. These phenotypic methods are well known for detecting carbapenemase production, mainly in Enterobacterales [9] but have also been 80 proposed for the detection of carbapenemase-producing Acinetobacter species [11] and 81 82 Pseudomonas aeruginosa [11]. Recently, an anaerobic CIM (Ana-CIM) has been described to improve and facilitate the detection of *B. fragilis* carbapenemase [12]. 83

The aim of this study was to evaluate the practicability in everyday practice and to improve the performance of the Ana-CIM to detect *cfiA* carbapenemase production in *B. fragilis* group.

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2. Materials and methods

Fifty isolates of *B. fragilis* were included in this study. The isolates were recovered from several clinical infections, including 23 intra-abdominal infections, 9 bacteriemia, 6 bone and joint infections, 8 skin and soft tissue infections and 4 other types of infections. Isolates were identified by MALDI-TOF mass spectrometry (MALDI Biotyper®, Bruker Daltonics).

B. fragilis isolates were cultivated on Schaedler agar (Thermo Fisher Scientific) and
incubated for 48h in anaerobic atmosphere (GenBag anaer®, bioMérieux).

All isolates were evaluated for *cfiA* gene by PCR, and MIC values of meropenem were evaluated by Etest as previously described [13,14]. Isolates were categorized as "susceptible" (MIC $\leq 2 \mu g/mL$), "susceptible, increased exposure" (MIC > 2 and $\leq 8 \mu g/mL$) or "resistant" (MIC > 8 $\mu g/mL$) to meropenem based on breakpoints established in 2021 by the antibiogram committee of the French Society for Microbiology (CA-SFM)/European Committee for Antibiotic Susceptibility Testing (EUCAST) [15].

101 We set up a modified CIM based on the method described by Van der Zwaluw et al. [8]. From the pure subculture performed alongside of the antimicrobial susceptibility testing of a 102 103 suspected carbapenemase-producing B. fragilis isolate (i.e. phenotype of carbapenem 104 resistance), a bacterial suspension of *B. fragilis* were made in 1.5 mL of NaCl 0.85%: either with a regular inoculum (picking one colony) or a high inoculum (scrapping all colonies, 105 optical density at 600 nm of the final inoculum \approx 6]). A meropenem susceptibility-testing disc 106 (10 µg, Biorad) was immersed in these suspensions. A KPC-3-producing strain of 107 Enterobacter cloacae (U2A2242) was used as positive control. A negative control was 108 performed, by immersing a disc in NaCl 0.85%. After 2 hours of incubation in aerobic 109 atmosphere at 37°C, the discs were removed and placed on a Mueller-Hinton agar plate (MH, 110 Thermo Scientific) previously inoculated with a 0.5 McFarland suspension of a susceptible 111 Escherichia coli strain (ATCC 25922). Inhibition zone diameters around the meropenem discs 112 were read after overnight incubation in aerobic atmosphere at 37°C [Figure 1]. A 113 carbapenemase-producing isolate can hydrolyze the antibiotic within the disc with the 114 consequence to allow the susceptible E. coli strain to grow around this disc leading to a small 115 inhibition diameter. Because of the important variations observed in diameters of the negative 116 117 controls between experiments (ranging from 25mm to 33mm, median = 29mm), we calculated the difference of diameter between the negative control and the B. fragilis isolates to 118 119 normalize the results. Then, the smaller is the diameter of the tested B. fragilis, the greater is

the diameters difference with the negative control. The experiments were independentlyreplicated three times and the medians of the differences in diameter were calculated.

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123 **3. Results**

Of the 50 isolates of *B. fragilis*, 31 (62%) isolates were positive for *cfiA* by PCR. All *cfiA*negative isolates (n=19) were susceptible to meropenem, with MICs values ranging from 0.06 to 2.0 µg/mL. The *cfiA*-positive isolates showed meropenem MICs ranging from 1 to > 32 µg/mL (median = 4), with 16 (52%) isolates classified as susceptible, increased exposure category, and 10 (32%) as resistant [Figure 2].

First, we performed the CIM on *B. fragilis* isolates as described for *Enterobacterales*, i.e. with a regular inoculum made from 1 CFU/1.5 mL of bacteria. We found diameter differences with the negative control ranging from 0 to 1mm for *cfiA*- isolates and from 0 to 22mm for *cfiA*+ isolates. Therefore, we observed overlaps that did not allow us to define a clear cut-off value for a positive test [Figure 3A].

Second, to circumvent this issue, we improved the method by increasing the inoculum of *B*. *fragilis* used in the first step of the CIM procedure. This higher inoculum, reached by picking all the CFUs present on the subculture agar plate, allowed to correctly discriminate the *cfIA*isolates (which displayed a zone diameter difference < 2mm) from the *cfiA*+ isolates (which displayed a zone diameter difference \geq 2mm) [Figure 3B].

Eventually, we correlated our results of differences of diameters, determined using the high inoculum, with the resistance phenotype. We did not find a good correlation ($R^2 = 0.4707$) between meropenem MICs and CIM results. For instance, a MIC value of 32 µg/mL could correspond to diameter differences with the negative control ranging from 2 to 27 mm [Supplemental data, Figure S1]. 144

145 **4. Discussion**

Carbapenems remain an effective therapeutic option for multidrug-resistant B. fragilis, with 146 most isolates being susceptible. Despite the presence of the carbapenemase enzyme CfiA in 147 31 isolates of the study, only 26 were classified as not susceptible to meropenem according to 148 149 their MIC values. In the remaining fives isolates, meropenem susceptibility may be due to a low expression of the enzyme, probably due to the absence of insertion sequences (IS) 150 upstream of the *cfiA* promoter [16] and could lead to underestimate detection of this enzyme 151 in clinical practice. This is clinically relevant since it has been previously shown that cfiA-152 positive B. fragilis isolates could convert from carbapenem susceptible to carbapenem 153 154 resistant during carbapenem therapy [13].

The CIM is a simple way to detect carbapenemase with a high accuracy. This method has multiple advantages: (i) it is an easy-to-perform and easy-to-interpret test; (ii) only control strains and a 10 μ g meropenem susceptibility-testing disc are necessary; (iii) several isolates can be tested on the same MH agar plate (standard size). The main disadvantage is that it requires an overnight incubation of the plates to obtain results, compared to some other phenotypic carbapenemase tests [8,17].

Although Ana-CIM offers interesting results, it remains up to 7% of major errors (percentage of isolates susceptible by Etest but interpreted as resistant by the Ana-CIM) and 11% of very major errors (percentage of isolates testing ertapenem resistant by Etest that tested Ana-CIM susceptible) [12]. We observed similar results with overlaps between the differences of diameters of *cfiA*-negative and positives isolates by performing the CIM as initially described for *Enterobacterales*. Since the *cfiA* gene can be expressed at different levels [16], we assumed that a weak bacterial inoculum might not be sufficient to correctly hydrolyzemeropenem.

In *Enterobacterales*, the absence of carbapenemase enzyme was considered in case of an inhibition zone diameters of ≥ 20 mm [9,17]. More recently, some authors proposed to consider the presence of carbapenemase enzyme with inhibition diameters < 10 mm [18]. Ana-CIM proposed interpretive criteria adapted to *B. fragilis* based on test diameter: positive for zone size ≤ 8 mm and negative for zone size ≥ 15 mm. However, the use of this only criterium leaves an indeterminate zone which does not allow to determine the sensitivity of *B. fragilis* isolates exhibiting zone sizes ranging from 9 to 14 mm.

In order to complete the Ana-CIM, we decided to increase the bacterial inoculum, which 176 increases the amount of produced enzymes, allowing the detection of low levels of MBL. 177 Furthermore, as we observed important variations in the diameter of the negative control 178 between replicates, we chose to measure the differences in diameter between the negative 179 180 control and the testing disc and not the diameter of the inhibition zone of the testing disc. 181 With these two modifications, we obtained a correct classification of the cfiA-negative and positive isolates and could define a cut-off of positivity at 2 mm. Indeed, all the cfiA-negative 182 isolates generated differences in diameter < 2 mm while all the *cfiA*-positive isolates exhibited 183 184 differences in diameter ≥ 2 mm. Thus, in our study, this test permitted to reach a sensitivity and a specificity of 100%. 185

Since January 2022, the EUCAST decided to categorize as susceptible *B. fragilis* isolates with MICs $\leq 1 \ \mu g/mL$ to detect all *cfiA*-positive isolates (https://www.eucast.org). This might reduce the underestimation of the *cfiA*-positive isolates. However, using this breakpoint may still lead to misclassification. Indeed, in our study, one *cfiA*-positive isolate would have been classified as susceptible (MIC = 1 $\mu g/ml$, Figure 2) while one *cfiA*-negative isolate would have been classified as resistant. This could badly affect the antibiotic stewardship. Our
modified Ana-CIM may permit to avoid such errors and correctly classify the different
isolates regardless of the guidelines used.

194 In spite of the small number isolates, which is a limitation to be considered for our study, we

improved the Ana-CIM and defined a positive cutoff at 2 mm. Our modified Ana-CIM could

- 196 be appliable in most of clinical laboratories to easily screen for carbapenemase-producing *B*.
- 197 *fragilis*, even at low levels conversely to the usual Etest with imipenem [6]. Although the

198 Etest with meropenem and the ROSCO KPC/MBL Confirm kit are good alternatives, this

199 modified Ana-CIM has a better sensitivity and specificity and is much more cost-effective.

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265	Funding
266	This work was supported by the Université de Reims Champagne-Ardenne.
267	
268	Competing Interests
269	None to declare.
270	
271	Author Contributions
272	All authors contributed to the study conception and design. Material preparation, data
273	collection and analysis were performed by Nathan Nicolau-Guilllaumet, Anaëlle Muggeo and
274	Corentine Alauzet. The first draft of the manuscript was written by Nathan Nicolau-
275	Guillaumet and all authors commented on previous versions of the manuscript. All authors
276	read and approved the final manuscript.
277	
278	Data availability
279	The datasets generated and analysed during the current study are available in the Figshare
280	repository, https://doi.org/10.6084/m9.figshare.19877845.v1
281	



282

283 Figure 1

A susceptibility-testing disc containing 10 μ g of meropenem was immersed in a suspension containing *B. fragilis* and incubated for two hours at 37°C. If the bacteria produced a carbapenemase, the antibiotic in the disc was hydrolyzed, allowing a susceptible strain of *E. coli* to grow around this disc placed on the agar plate.

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289

290 **Figure 2**

Distribution of *cfiA*+ and *cfiA*- strains according to meropenem MIC values and susceptibility
 categorization. Source data are provided as a supplementary excel file.
 (https://doi.org/10.6084/m9.figshare.19877845.v1).





298 Figure 3

A. Distribution of *cfiA*+ and *cfiA*- strains according to diameter differences with a regular

inoculum. **B.** Distribution of *cfiA*+ and *cfiA*- strains according to diameter differences with a

301 high inoculum. Source data are provided as a supplementary excel file.

302 (<u>https://doi.org/10.6084/m9.figshare.19877845.v1</u>).

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